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50 cents tax included

The Ukiah

Mendocino County's
local newspaper

DAILY JOURNAL



Tomorrow: Partly
sunny; H 65, L 38

TUESDAY
Dec. 4, 2007

ukiahdailyjournal.com

14 pages, Volume 149 Number 239

email: udj@pacific.net

New pot RV water board may declare emergency

rules before council

By **ZACK SAMPSEL**
The Daily Journal

In an effort to battle the commercial marijuana growers within city limits, the Ukiah City Council will begin discussions Wednesday night about amending the city's current marijuana cultivation ordinance to include more enforcement options for those violating the ordinance, and changes to the way the court determines what to do with the marijuana seized. The ordinance was created by a City Council subcommittee comprised of members Benj Thomas and Vice Mayor Doug Crane with help from Ukiah Police Chief Chris Dewey, Code Enforcement Office Chris White and City Attorney David Rapport.

"My understanding is that the police department has felt relatively unempowered to take preventative action, and this should enable them to do it," Thomas said Monday. "What I would anticipate is that we would have a change in the climate and the prevalence of marijuana grows in the city."

Dewey agreed with Thomas' ideas explaining that the creation of the amendment -- which will not change the number of plants allowed to be grown -- was discussed as a means of adding more enforcement tools while also helping to improve the safety for the city's code enforcement officer and its residents.

"More than the majority of residents voluntarily comply with the existing city ordinance of 12 plants per parcel, but what we've found is that a few people do violate the ordinance," Dewey said Monday. "Typically those cases are handled by code enforcement. What we found -- especially over the last year -- is more cases where the zoning officer has found vicious dogs and people being abusive. Then, once the police have been involved in warrant situations we've seen a high increase in the number of locations where marijuana is cultivated and weapons are present."

"One of the facts that remains is that we're a highly-concentrated residential area. There is a lot of concern in the community. There's a feeling the people doing that are creating a sense of danger, so we looked for ways to improve the current ordinance. It's because of these threats of violence that we began looking at ways we could work with the council and figure alternatives to the current ordinance," Dewey said.

The current ordinance was passed after a summer of meetings filled with discussions and presentations about enforcement and punishment options for those in violation of the ordinance. The council finally amended the ordinance in July to include an abatement procedure.

The abatement procedure begins with a notice from

By **BEN BROWN**
The Daily Journal

The Redwood Valley Water District Board will hold an emergency meeting on Dec. 11 to discuss the declaration of a water emergency.

The board has been considering emergency measures since last week when the Sonoma County Water Agency notified them that the level of storage in Lake Mendocino had triggered a clause in the agreement that

allows the water district to draw water from the lake.

According to the agreement, if the level of Lake Mendocino drops below 30,000 acre-feet after Oct. 31, the Redwood Valley Water District must cut their withdrawals from the lake by 50-percent of the average for that month for the last three years.

As of Sunday, storage in Lake Mendocino was at 29,435 acre-feet.

If the board votes to declare an

emergency, it will be able to activate an ordinance passed earlier this year which would allow the board to take mandatory conservation measures, up to strict limits on how much water would be available to a household per month.

Redwood Valley Water District General Manager Bill Koehler said, currently, the board will be enforcing a mandatory shut-off of agricultural water but will only ask residential cus-

tomers to increase voluntary conservation to 40 percent through the month of December.

A letter to that effect has been sent by the board to all water district customers.

The meeting is scheduled for 7 p.m. Dec. 11 at the Redwood Valley-Calpella Fire Station at the intersection of East Road and School Way.

Ben Brown can be reached at udjbb@pacific.net



Zack Samsel/The Daily Journal

Boxes of donated clothing and blankets wait to be folded at the Ukiah Community Center.

Needed: Warmth

By **ZACK SAMPSEL**
The Daily Journal

Each day the temperatures get colder and the rain gets thicker, Veronica Moynahan, day shelter coordinator at the Ukiah Community Center, works even harder to assist those who need her help. Moynahan, a Willits native, works as part of the Temporary Assistance Program (TAP) at the center helping to provide personal care items like shampoo, blankets, tents and food to those who may need shelter, food or other services.

"This is a program that's open to the community," Moynahan explained Monday morning. "It's designed to provide emergency services to anyone who may need help. Without this program there would be clients who would've been sleeping or freezing in the rain. Even if we don't have a way to meet the need, we'll know someone who can."

Moynahan's never-say-never attitude has helped her within her six months of service at the center to provide hundreds of items to those in need -- even those who may not be homeless.

"Meeting an immediate need that is huge in our county is what's most important to me," she said. "That's

what it boils down to; this program helps keep people warm and dry."

Moynahan said she works to not turn anyone in need away even if they aren't permanently homeless. She said clients typically stop by the center asking for help, which is when she asks a series of questions including: "Where will you be sleeping tonight?" From there, Moynahan said she will then give the person whichever items they will require based on need.

According to the Community Center staff, TAP has existed for the better part of 10 years at the center, but it really got its start with Social Services in the 1960s. Moynahan explained that within the 40-plus years since Social Services began providing assistance to those in need that the center's TAP is the evolution of that idea.

TAP relies heavily on the community for donations of canned foods, winter coats, blankets, clothes, dia-



Veronica Moynahan folds blankets from a recent donation to the Ukiah Community Center.

pers and other items to keep the program going. Moynahan said most of the blankets and tents come from individual donations, which she said was the biggest help to the program. She said TAP will occasionally receive donations of damaged or extra items from stores like Safeway and Wal-Mart, but those donations are never a guarantee.

"We really rely on the community

See WARM, Page 14

Birthday balloon explodes

By **BEN BROWN**
The Daily Journal

A loud explosion that startled many in the 200 block of Observatory Avenue Friday night was caused by a balloon filled with flammable gas.

Ukiah Police Capt. Trent Taylor said Steven Barrett, 38, of Ukiah, filled a balloon with a combination of flammable gas and oxygen and ignited it around 5 p.m. Friday.

"He said he did it for his girlfriend's birthday," Taylor said.

The balloon exploded, causing a flash of light and a loud noise, but no buildings were damaged and no one was injured.

Police found Barrett nearby and arrested him on suspicion of possession of a destructive device. Barrett was also found to be a wanted on a parole warrant from Oregon.

He was booked into the Mendocino County Jail where he is being held on a \$75,000 bond.

High surf warnings issued

The Daily Journal

The California Department of Parks and Recreation is warning the public about high surf which is expected to impact the North Coast this week, caused by an incoming storm.

Starting Monday, and lasting through the week, extreme high-surf is expected to pound the California Coast with waves predicted to be between 15-feet and 25-feet high.

This is expected to the largest swell of the year and may be larger than anything seen last winter.

UPD considering Tasers for its officers

By **BEN BROWN**
The Daily Journal

The Ukiah Police Department could get a new non-lethal, if controversial, weapon in their arsenal if the Ukiah City Council approves the purchase of Tasers.

"We're just bringing it up for discussion right now," said Ukiah Police Chief Chris Dewey who put together the presentation the council will hear at its Wednesday meeting.

Of the five law enforce-

ment agencies in the county, only UPD does not have Tasers.

"We're the only one in the county and probably the last in the North Bay region not to have them," Dewey said.

At present, UPD has a shotgun-like non-lethal weapon that fires a baseball sized projectile made of hard rubber that can knock-down and incapacitate suspects.

While these are effective, Dewey said the size makes it inconvenient for an officer to

carry at all times. Deadly-force situations can occur suddenly, when the shotgun is in a patrol car and out of reach.

Tasers, on the other hand, are smaller and can be worn on an officers belt and carried everywhere the officer goes.

"The idea is that it's an alternative to using a firearm," Dewey said.

Dewey said UPD was slow to adopt Tasers because they were pursuing other non-lethal weapons, and because

See TASER, Page 14

WHAT IS A TASER?

A Taser is a gun-like weapon that uses compressed nitrogen to fire two small metal-darts up to 35-feet. The darts are attached to the Taser by wires that carry an electrical current that affects a person's motor functions and nervous system, temporarily incapacitating them.

Tasers have been used since the late 1990s as a means of subduing violent suspects.

Some Tasers now come equipped with cameras and microphones, recording their use and providing for greater accountability.

See CITY, Page 14

The world briefly

Chavez loses vote that would have let him run for re-election indefinitely

CARACAS, Venezuela (AP) — Humbled by his first electoral defeat ever, President Hugo Chavez said Monday he may have been too ambitious in asking voters to let him stand indefinitely for re-election and endorse a huge leap to a socialist state.

"I understand and accept that the proposal I made was quite profound and intense," he said after voters narrowly rejected the sweeping constitutional reforms by 51 percent to 49 percent.

Opposition activists were ecstatic as the results were announced shortly after midnight — with 88 percent of the vote counted, the trend was declared irreversible by elections council chief Tibisay Lucena.

Some shed tears. Others began chanting: "And now he's going away!"

Foes of the reform effort — including Roman Catholic leaders, media freedom groups, human rights groups and prominent business leaders — said it would have granted Chavez unchecked power and imperiled basic rights.

Winter storm barrels into Northeast, glazing roads, after pounding Midwest; 11 die in wrecks

ALBANY, N.Y. (AP) — Drivers in the Northeast faced a treacherous commute Monday as a storm blamed for at least 11 deaths blanketed the region with snow, sleet and freezing rain after glazing roads in the Midwest.

The National Weather Service said a foot of snow was possible in the mountains of northern New England, with the potential for 20 inches in northern Maine. Upstate New York's central Adirondacks and Lake George region could see 12 inches of snow. Lake-effect snow and high winds were forecast for parts of Michigan and western New York.

"It's kind of a mess — probably the best way to term it in one word," meteorologist Bob Kilpatrick said in Albany.

Ice storm warnings were issued for Massachusetts and Connecticut, while winter storm warnings were in effect in Massachusetts, Vermont, New Hampshire, Maine and northern and western New York state. On the other side of the weather system, winter storm warnings were issued for parts of Michigan.

Three to 6 inches of snow had fallen by Sunday afternoon in central New York state, while parts of northern New Jersey measured about 3 inches.



CHRISTINA JOSEPHINE SCHREIBER

Christina Josephine Schreiber, 82, of Ukiah passed away Saturday, December 1, 2007 at Ukiah Valley Medical Center with her family at her side.

Christina was born in Schenectady, New York on October 8, 1925.

Christina was very proud of her children and her love of the Lord. She was a member of the American -Legion Post 28 in Petaluma, Vice-President of the Auxiliary, loved being outdoors, fishing and traveling everywhere. She absolutely loved to go for drives to the ocean. She loved the ocean and its beauty. She received awards from London House for her gentleness, kindness and cleanness with people, along with many merits as a nurse's aide.

Christina will be remembered as a kind, loving, caring, happy, joyful

FUNERAL NOTICES

wife, mother, grand-mother and friend. Always singing in Polish, caring for people in need, helping to the best of her ability. Her ability to always be happy no matter what and her wonderful cooking, especially Polish food.

Her favorite quote was "God is watching you."

Christina is survived by her husband, Richard A. Schreiber, daughter Susan J. Pearmain, sons Kenneth R. Willey, David, Richard and Karl Schreiber, grandchildren Dereck, Julian, Nicholas and Alissa Willey, Theodore A. Copus, Patrick and Samantha Pearmain and 2 great grandchildren.

She was preceded in death by her parents Telesfore and Sophia Groncki and by her brothers Eddie and Chet Groncki.

Visitation will be held on Wednesday, December 5, 2007 from 12 to 8 pm at The Eversole Mortuary. Mass of the Christian Burial will be held on Thursday, December 6, 2007 at 11 AM at St. Mary of the Angels Church. Entombment will be at Evergreen Memorial Gardens.

The Eversole Mortuary is in charge of arrangements 462-2206.

RICHARD A. BUCHHOLZ

June 1, 1948/November 25, 2007

Richard "Rick" Buchholz died on November 25, 2007 at his home in Old

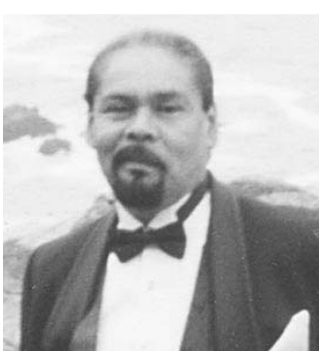
Shasta; he was fifty nine. He had lived in Shasta and Mendocino Counties his entire life.

He was a man of many interests; too many to list. However, the most important thing to him was his family. He loved his daughters, Lena and Abby, and most recently his new granddaughter Emma. A recent photograph of him holding Emma is something that will always be treasured by his family.

Rick owned a health food store in Ukiah for many years, was a chocolate and food broker, and most recently restoring barns and other rural buildings in Shasta County.

He is survived by his daughter Lena Buchholz of Shasta Lake, daughter Abby Martin of Redding, son-in-law Tim Martin of Redding, granddaughter Emma Martin of Redding, his mother Pearl Buchholz of Ukiah, brothers Steve Buchholz of Kelseyville and Gary Buchholz of Lakeport, and numerous nieces and nephews, cousins, and friends all over Northern California.

There will be two memorial services for Rick, the first being at the First United Methodist Church in Redding on December 8, 2007 at 1:00 PM. Another service will be held at the First Baptist Church in Ukiah on December 15, 2007 at 11 AM.



JAMES CLEMENT MARRUFO SR.

12/6/1959 - 12/1/2007

James Marrufo, born Dec. 6th 1959. Passed away suddenly on Dec. 1st, 2007.

James leaves us behind, his children; Ursula (ISI), Carolyn (Joshua) & James Marrufo Jr. Grandchildren Isabella and Xavier Mesa. Sisters Coleen (Chester), McCloud & Claudia Marrufo. Niece & Nephews: Chester, Latisha McCloud Lamont, Edward & Jennifer Montoya, Crispina, Josephine, Harold, Quintes Marrufo.

James was preceded in death by his parents, Harold & Genevieve Marrufo. Brother Harold Marrufo Jr. and other loving family members.

A viewing will be held Thursday Dec. 6th at Ramon's Mortuary in Windsor.

His body will be taken to his sister Coleen's home at The Kashia Rancheria where a wake will be held. Services will be held Sat. Dec. 8th 2007 @ 1:00 in the Round house at Kashia Rancheria.

James will be laid to rest at The Kashia Cemetery.

DEATH NOTICE

• **Donald Lee Hill**, 75, of Ukiah, died on Nov. 28, 2007, following a period of failing health. No services are planned. Private cremation was under the direction of Empire Mortuary Services of Ukiah.

POLICE REPORTS

The following were compiled from reports prepared by the Ukiah Police Department. To anonymously report crime information, call 463-6205.

ARREST -- Catherine Bartman, 53, of Redwood Valley, was arrested on suspicion of driving under the influence in the 800 block of North State Street at 1:59 a.m. Saturday.

ARREST -- Lee Boatright, 65, of Potter Valley, was arrested on suspicion of driving under the influence in the 100 block of Low Gap Road at 7:57 p.m. Saturday.

ARREST -- Eric Roberts, 20, of Ukiah, was arrested on suspicion of driving under the influence in the 300 block of East Gobbi Street at 11:40 p.m. Saturday.

ARREST -- Brian Gilbert,

20, of Ukiah, was arrested on suspicion of driving under the influence and a violating probation in the 100 block of Snuffin Street in Ukiah at 1:56 a.m. Sunday.

ARREST -- Lisa Jansen, 46, of Ukiah, was arrested on suspicion of driving under the influence in the 300 block of North Main Street at 1:57 a.m. Sunday.

SHERIFF'S REPORTS

The following were compiled from reports prepared by the Mendocino County Sheriff's Office:

BOOKED -- Ricky Alan Jardstrom, 43, of Fort Bragg, was booked into jail on suspicion of causing corporal injury to a spouse by the Mendocino County Sheriff's Office at 12:13 a.m. Saturday.

BOOKED -- Roy Houston Branson, 44, of Willits, was booked into jail on suspicion of possession of a controlled substance and driving under the influence by the Willits Police Department at 3:09 p.m. Saturday.

BOOKED -- Daniel Alvin Yeomans, 36, of Fort Bragg, was booked into jail on suspicion of battery of a police officer, disorderly conduct and resisting arrest by the Fort Bragg Police Department at

3:29 a.m. Sunday.

BOOKED -- Patsy Lajuan Moore, 37, of Fort Bragg, was booked into jail on suspicion of driving under the influence and driving with suspended privileges by the Fort Bragg Police Department at 3:41 p.m. Sunday.

BOOKED -- Raymundo Villalvazo, 39, of Point Arena, was booked into jail on suspicion of driving under the influence by the Mendocino County Sheriff's Office at 8:31 a.m. Sunday.

BOOKED -- Daniel Frank Casteel, 61, of Fort Bragg, was booked into jail on suspicion of making terrorist threats, false imprisonment and damaging a phone or power line by the Fort Bragg Police Department at 10:26 a.m. Sunday.

CHP REPORTS

The following were compiled from reports prepared by the California Highway Patrol:

ARREST -- Brent Harding, 33, of Upper Lake, was booked into jail on suspicion of possession of a stolen vehicle and a probation violation at the Redwood Valley casino at 5:51 p.m. Friday.

ARREST -- Jose Chavira Arrellano, 24, of Ukiah, was arrested on suspicion of driving

under the influence and driving without a valid license at the intersection of Highway 101 and Lake Mendocino Drive at 3:15 a.m. Sunday.

ARREST -- Craig Hassenzahl, 43, of Santa Rosa, was arrested on suspicion of driving under the influence, failure to yield and a probation violation at the intersection of School Way and West Road at 3:37 p.m. Sunday.

ARREST -- Francisco Soto, 21, of Ukiah, was arrested on suspicion of driving under the influence at the intersection of Talmage Road and Hasting Avenue at 11:44 p.m. Sunday.

Those arrested by law enforcement officers are innocent until proven guilty. People reported as having been arrested may contact the Daily Journal once their case has been concluded so the results can be reported. Those who feel the information is in error should contact the appropriate agency. In the case of those arrested on suspicion of driving under the influence of an intoxicant: all DUI cases reported by law enforcement agencies are reported by the newspaper. The Daily Journal makes no exceptions.

DA REPORTS

The following were compiled from reports prepared by the Mendocino County District Attorney's Office:

CONVICTION -- Alan

Graham, 68, of Albion, was found guilty of making criminal threats, felony vandalism and destruction of property Friday.

According to reports from the Mendocino County District Attorney's Office, Graham entered the Mendocino Village Pharmacy on May 31 of this year, demanded pain medication, threatened the pharmacist, got involved in a confrontation and destroyed a fountain.

Graham was on release on his own recognizance for another felony case at the time of the incident and is now facing the possibility of more than 5 years in prison.

His sentencing is scheduled for 9:30 a.m. on Jan. 14 at the

Fort Bragg Courthouse.

CORRECTIONS

The Ukiah Daily Journal reserves this space to correct errors or make clarifications to news articles. Significant errors in obituary notices or birth announcements will result in reprinting the entire article. Errors may be reported to the editor, 468-3526.

LOTTERY NUMBERS

DAILY 3: Afternoon: 6, 7, 3. Evening: 0, 5, 3.

FANTASY 5: 6, 9, 19, 26, 27.

DAILY DERBY: 1st: 09 Winning Spirit; 2nd: 04 Big Ben; 3rd: 08 Gorgeous George.

Race time: 1.40.74.

Happy 40th Birthday Jesse WE LOVE YOU

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TIRES

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Elayne's Nail & Spa is offering a Christmas Special STARTING DECEMBER 1ST THROUGH THE 25TH!!

Bring this ad in and receive \$5 off any service or purchase over \$30

We hope to see you soon at 1252 Airport Park Blvd. • Ukiah CA 95482

We're in Park Falls Plaza Behind Les Schwab

Merry Christmas from all of us at Elayne's Nails & Spa (707) 462-5301

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Circulation.....468-3533	Mon-Fri 8 a.m.- 5 p.m.	Mon-Fri 9 a.m.- 6:30 p.m.
Classified.....468-3535, 468-3536	Sat-Sun Closed	Sun.....7 a.m.- 9 a.m.
Legal/Classified Advertising.....468-3529	Zack Sampsel - Schools, City & County.....468-3522	Newspaper In Education Services.....468-3534
Kevin McConnell - Publisher.....468-3500	Ben Brown - Police & Courts.....468-3521	UDJ Web site.....ukiahdailyjournal.com
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MediaNews Group

The Ukiah DAILY JOURNAL

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Published Daily by The Ukiah Daily Journal at 590 S. School St., Ukiah, Mendocino County, CA. Phone: (707) 468-3500. Court Decree No. 9267 Periodicals Postage Paid at Ukiah, CA. To report a missed newspaper, call the Circulation Department between 5 and 6:30 p.m. Monday through Friday, or between 7 and 9 a.m. weekends. POSTMASTER: Send address changes to: The Ukiah Daily Journal, Post Office Box 749, Ukiah, CA. 95482. Subscription rates for home delivery as of January 22, 2007 are 13 weeks for \$33.68, and 52 weeks for \$123.59.

All prices do not include sales tax.

Publication # (USPS-646-920).



Striving for Imperfection

By Scott Marcus

Baby steps

I'm Jacob. My parents call me "big boy" even though I don't wear big boy pants like Ryan. But he's almost three; I've got two years until then.

Mommy, Daddy, Ryan, Buster, and I live in a big house, although Buster has to go outside to do his business. I don't know what kind of business a dog would have; I don't think it's like Daddy's, because no one makes Daddy go outside to do his business; he just drives there.

I'm learning a lot, like how to walk. Daddy likes to hold both my hands way up above my head and guide my feet. First left, then right; back and forth. Sometimes, he pulls too high and my feet don't touch the ground. I want to cry because it hurts my arms, but I don't want Daddy to feel bad. He's doing the best he can.

I want to walk by myself; it's time, but it's scary.

In our living room, we have a coffee table. Why it's called that, I don't know; they drink coffee in the kitchen -- more to learn. Anyway, I pull myself up along the edge of that table, hang on to the sides and walk around and around it. I feel powerful when everyone has to move their feet to let me pass.

Today, I decided not to hold on. Putting both hands forward in case I lost my balance, I slowly let go. I was wobbly, but you would be too with a big wad of diaper between your legs. It was so exciting; it caused me to drool all over my shirt! Mommy laughed and said, "You can do it big boy!" Daddy got the camera; he takes pictures of everything. If he ever shows those naked pictures of me, I'll be upset.

I only walked four steps before I fell; I was so upset with myself. Everyone else walks all over, they even run and skip. I couldn't make it across one room. "What a dummy!" I thought, and was sure my family was embarrassed by me.

But that's not how they saw it, what a reaction! Mommy hugged me so tightly I couldn't breathe. "You're my big boy!" she said. Daddy did a high five with me, "Way to go little man!" he laughed. Buster barked. Ryan clapped. So did I. We all giggled. Wow! Trying new things is really exciting!

I can't wait to grow up. By how they treated me, I know that when you grow up, you don't abuse yourself for your mistakes; you just pick yourself up and move forward. Because, to be honest, if they would have called me "stupid," or insulted me for not succeeding, I don't think I would have tried again. But I did -- and made seven steps!

Grown ups are always so kind in what they say, forever supportive and encouraging, just one happy notion after another. It must be wonderful to live in such empowering thoughts; why would anyone not do that?

My first adult lesson: Speak kindly to yourself for trying, not insult yourself for falling. It keeps you moving forward.

Ooops, gotta go. I think I need a new diaper.

About the author: Scott "Q" Marcus is a THINspirational speaker and author. Since losing 70 pounds over 13 years ago, he conducts speeches, workshops, and presentations throughout the country. He can be reached at 707.442.6243.

www.ForeverFightingFat.com, or www.WeightLossColumn.com

To submit information for the health briefs, call 468-3520 or email udj features @pacific.net

Home Care and Hospice Services-Mendocino County named among nation's home care elite

The Daily Journal

Kevin Erich, president of Howard Memorial Hospital, announced today that Home Care and Hospice Services-Mendocino County was named to the 2007 HomeCare Elite. This year the entity was named among the top 100 home care agencies in the United States.

"It's an honor to be named yet again to this elite status," stated Erich. "It's worth noting that out of 7800 home care agencies in the United States our agency ranked in the top 100. We have a dedicated team working to provide the very best care."

Outcome Concepts Systems, Inc. determined the top home health agencies nation-wide through benchmarking based on quality measurement scores. OCS maintains the nation's largest proprietary home care, hospice and private duty benchmark database.

"We are honored to receive this award," commented Nancy Runyan, administrative director for the department. "This award reflects the quality care that is given by our outstanding team of professionals. We are committed to the Mendocino county family to continue providing them with the highest standard of care. It's a privilege to know we are in the top 1 percent of home care agencies in the nation."

"I am proud to be part of this wonderful agency. It's gratifying to



Above, Audrey Carver, Dr. Bruce Andich, Nancy Runyan and Kevin Erich.

me that our county is being served with high quality home care," stated Audrey Carver, clinical manager for the department.

"This award belongs to our nurs-

es and health care professionals who bring all their wonderful talents to our patients," said Dr. Bruce Andich, medical director of the department.

The Hospital's Home Care and Hospice Service has been serving the community since 1993, and made over 16,000 patient visits alone last year.

HEALTH BRIEFS

Feng Shui the topic of tonight's Tantalizing Tuesday

The next Tantalizing Tuesdays will be held tonight from 6:30 to 8:30 p.m. at Full Circle Wellness, 530 S. Main St.

Rebecca (Reba) Johnson will present an evening of "Feng Shui -- How and Why It Works." Feng Shui is about aligning with the forces of Nature -- chi or life force -- for maximum benefit in all areas of life. Ideally homes and offices support people's goals, and symbols and intention play a crucial role.

Acupuncture is a comparable model for health of the home. Bring a simple pencil drawing of your home, office or special room. A \$5 donation is suggested for Full Circle Angel Fund.

Medicare drug plan: No late enrollment penalty for those who qualify for Extra Help

Many Mendocino County residents who qualify for Extra Help Program (a low-income subsidy plan) with the Medicare Part D prescription benefit have yet to sign up.

Extra Help is available for those who meet certain income and asset criteria. For those who are eligible, Extra Help can mean significant cost savings on your prescription drugs.

Those who qualify for Extra Help, enroll in a Medicare prescription drug plan through Dec. 31 will pay no late enrollment penalty.

To find out if what the qualifications are for Extra Help, call the Social Security Administration at (800) 772-1213, or visit their Web site at www.medicare.gov.

The Alliance for Rural Community Health urges the public to contact your local community health center about your Part D coverage options. To find the health center nearest you, visit the ARCH Web site at www.ruralcommunityhealth.org/members.

ARCH is a local nonprofit organization whose mission is to improve the health of local communities by strengthening and supporting the efforts of Mendocino County health centers to provide quality health care for all.

Weight Loss Surgery Group not meeting in December

The Weight Loss Surgery group (GR-DS Gastric Reduction Duodenal Switch) will not hold their regular monthly meeting on the first Friday of the month this December. Due to the holidays and conflicting dates the next meeting will be held on Friday, Jan. 4 at Bartlett Hall, Ukiah Senior Center Complex, 499 Leslie Street, Ukiah at 6 p.m.

This procedure should not be confused with "gastric bypass surgery" or "lap band" surgery as the DS procedure is not a food reduction surgery but instead changes the way the body absorbs food and fat, therefore causing an obese person to lose

weight and keep it off.

The DS surgery has been performed successfully on over 100 citizens in the Ukiah Valley since 2001 and thousands in the world.

Because the surgery results in a 90-100 percent symptom reduction for diabetes, and also resolves cholesterol, high blood pressure, sleep apnea, acid reflux and other chronic health issues, it has changed the lifestyle and longevity of many patients. Recently there has been a modified, more minor surgery created for diabetes patients who may not have excessive weight but whose disease is more critical.

If there are any pre-op, post-op or investigators of this surgery that need to talk or ask questions, do not hesitate to call Kathy Davidson, at 468-8763 or e-mail her at kathlyn@pacific.net.

Warm Line open weekend evenings for county residents

An opportunity for people who need emotional support is now available as near as the closest phone on weekend evenings. Thanks to peer volunteers trained to provide support for emotional and mental health recovery, a new county-wide Warm Line is now available Friday and Saturday evenings from 6 p.m. to 10 p.m.

Expressly not a hot line or a crisis line, the new Warm Line is part of a larger Mental Health Services Act funded project to develop mental health peer support projects and opportunities in Mendocino County.

The Crisis Line is accessed by calling 463-HELP in Ukiah, 964-HELP in Fort Bragg and 459-HELP in Willits, or calling 800-575-HELP (4357).

HEALTH CALENDAR

ALANON: Family and friends of alcoholics; 5:30 p.m. on Mondays, noon on Tuesdays, noon on Fridays and 10:30 on Saturdays; Calvary Baptist Church, 465 Luce Ave.; 463-1867 or 621-2721.

Alateen: Meets Thursdays 8 to 9 p.m.; Calvary Baptist Church, 465 Luce Ave., enter at east side back door; 463-1867 or 621-2721.

Alcoholics Anonymous: Daily; call 462-7123, www.aaukiah.org.

Breastfeeding Support Group: meets second Wednesday from 10:30 a.m. to noon and fourth Wednesday from 10:30 a.m. to noon; Mendocino County Public Health -- WIC office, 1120 S. Dora; Tess O'Connell, 472-2739.

Celebrate Recovery: Christ-centered 12-step recovery; Fridays at Trinity Baptist Church Hall, South Dora Street and Luce Ave, 6 p.m. fellowship dinner; 7 p.m. teaching/testimony; 8 p.m. men and women's small group sharing; 9 p.m. dessert/solid rock cafe. Babysitting provided. For more information call 462-6535.

Childbirth classes: Learn about nutrition during pregnancy, preparing for childbirth, breastfeeding and infant safety. Thursdays, 6 to 8 p.m., 333 Laws Ave., in Ukiah, 472-4603.

Community Healing Clinic: 20- to 30-minute sessions on a walk-in basis with a variety of health practitioners; Second Tuesday of each month, 5:30 to 7:30 p.m.; Full Circle Wellness Resource Center, 530 S. Main St. in Ukiah; 463-0777; www.fullcirclewellness.org.

Council on Domestic Violence: First Wednesday, 1:30 to 3 p.m., Public Health Department, 1120 S. Dora St., Conference Room 198, in Ukiah except for May and October, which will be held at 10-Mile Court, 700 S. Franklin St. in Fort Bragg, 472-2699.

La Leche League: Breastfeeding group; meets second Tuesday, various times; Nursery Room at

Presbyterian Church, corner of S. Dora and W. Perkins; Margaret Turano, 468-9587.

Look Good Fell Better: Classes are from 10 a.m. to noon on the second Monday of each month. This program pairs women with licensed cosmetologists to eliminate the appearance related side effects of cancer treatment. This is a free class offered by the American Cancer Society at 115 E. Smith St. in Ukiah. For more information, call 462-7642 ext. 3.

Low Vision Support Group: 10 to 11:30 a.m.; Fourth Monday; at Henny Penny Resterant, 687 S. Orchard Ave., Ukiah; open to local seniors; call 523-3222.

NAMI: (National Alliance for the Mentally Ill Family Support Group) first and third Wednesdays, 6:30 p.m.; call 972-9040, 485-8033, or 467-9116 for location and information. Nami is an organization dedicated to improving the lives of people with brain disorders by providing mutual support, education and advocacy.

Multiple Sclerosis Self-help Group: People with multiple sclerosis can take one more step toward ending effects of MS at the Ukiah group; sponsored by the National MS Society; 7 p.m.; second Tuesday.

Men's Cancer Support Group: Group on summer hiatus, call for one-on-one with staff. A supportive place to share your cancer experience; second and fourth Wednesdays of each month; 6 to 7:30 p.m.; at their new offices at 590 S. Dora St.; Mendocino Cancer Resource Center; 467-3828.

Narcotics Anonymous: Meetings throughout county; 485-9110.

New Life Workshop: Do you need help managing your weight? Noon to 1 p.m. Thursdays; Salvation Army, 714 A S. State St., Ukiah; 468-9577.

Overeaters Anonymous: Mondays at 5:30 p.m.; Saturdays at 11 a.m.; 741 S. Oak St.; 472-4747.

Sweet Success: The California Diabetes and Pregnancy Program; support for special pregnancies in which women have diabetes; planning pregnancy or are pregnant, need extra support; 463-7527.

Tantalizing Tuesdays: Series of health related evening discussions; First and third Tuesdays; Full Circle Wellness Resource Center, 530 S. Main St. in

Ukiah; from 6:30 to 8:30 p.m.; 463-0777; www.fullcirclewellness.org.

T.O.P.S.: (Take off pounds sensibly): Meets from 9:15 to 10:30 a.m., every Tuesday, at Calvary Baptist Church, 465 Luce Ave; Carolyn Madole, 463-0261.

T.O.P.S.: Low-cost, non-profit group meets every Tuesday at Autumn Leaves, 425 E. Gobbi St., in the community room. Weigh-in is from 5:30 to 6:15 p.m. Meeting is from 6:15 p.m. to 7:15 p.m.; Linda MacDonald, 467-2391.

T.O.P.S.: Every Thursday at Washington Mutual Building community room, 700 S. State St.; meeting is from 8:30 to 10:30 a.m.; it is a low-cost, weight-reduction support group; call 462-4901 or 485-7801.

T.O.P.S.: Every Friday at the Meadows Mobile Court clubhouse, 8686 East Road, Redwood Valley; weigh-in is from 9:30 to 11 a.m.; meeting is from 9:30 to 10:30 a.m.; call 485-8260 or 485-1238.

Ukiah Community Center Crisis Line: Need help? Call 463-help (4357) or 1 (800) 575-help (4357).

Ukiah Diabetes Education: The Diabetes Education Group; 7 p.m.; second Monday; 463-7698.

Ukiah Valley Blood Center/Blood Centers of the Pacific: Mondays, 9 a.m. to 4:30 p.m.; Tuesdays, 10 a.m. to 5 p.m.; Thursdays, 11 a.m. to 6 p.m.; 620 Kings Ct., Suite 110; make appointment, donate, schedule blood drive at workplace; 1 (888) 393-GIVE.

Weight-loss Surgery Support Group: Free, open to the public, Gastric Reduction Duodenal Switch (GRDS) support and information group; 1st Friday; 6 to 8 p.m.; Bartlett Hall, Ukiah Senior Center, 499 Leslie Street, Ukiah; 468-8763 or email kathlyn@pacific.net.

Weight Watchers: Redwood Valley Weight Watchers meet at the Redwood Valley Cafe and are hosted by Redwood Valley Fitness on 9620 N. State St. Their leader is Laurel of Ukiah Weight Watchers. For more information, call 485-5696.

Women's Cancer Support Group: A supportive place to share your cancer experience; first and third Tuesday of each month; noon to 1 p.m.; at their new offices at 590 S. Dora St.; Mendocino Cancer Resource Center; 467-3828.

Letters from our readers

RV dog park unacceptable

To the Editor:
Please print this letter as I have been unsuccessful in having Mendocino County CEO Tom Mitchell, County Counsel Jeanine Nadel and General Services Director Kristen McMenomey return my calls or respond to a public access to records request regarding the illegal creation of the "Running Free Dog Park" located at the Redwood Valley Lions Park.
This dog park has been a nuisance and cause of concern for the residents and property owners that live adjacent to the park. Repeated attempts to discuss this matter with the county officials responsible have not been successful. They simply do not return telephone calls or respond to request for public documents as is required by state law. On Oct. 22, 2007 I hand delivered a public request for records to the offices of Mendocino County CEO Tom Mitchell, County Counsel Jeanine Nadel and General Services Director Kristen McMenomey. This request was received by their respective front office clerks. I also asked that each clerk please have Mr. Mitchell, Ms. Nadel and Ms. McMenomey call me to discuss the matter. I left two telephone numbers where I could be reached. Now over one month later, there has been no response. California State law requires that a government agency must respond within 10 working days to the public request for records. Having just written a sizable property tax check made out to Mendocino County, I am more than a little disappointed in the service provided by our tax paid county employees. The County Administrator and Department Heads should have more respect for their constituents and taxpaying citizens. The tired old Mendocino County government tactic of burying your head in the sand and avoiding an issue will not make this one go away.

The neighborhoods' objections to the Running Free Dog Park are as follows:

- Unilateral imposition**
This park was established at the direction of General Services Director Kristen McMenomey on Aug. 18, 2007. None of the nine adjacent households were contacted or given an opportunity to provide input. According to supervisor Mike Delbar, the Board of Supervisors was notified of this project after the fact. According to the director of Animal Care and Control, I was the first one to tell her of the dog park. The existing county regulations for dogs off leash in county parks were not modified as part of this dog park project.
- Lack of public process**
The running Free Dog Park is considered a project. Taxpayer dollars were expended to create it. This dog park changed the existing use of the Redwood Valley Lions Park. The dog park reduced and now excludes previously existing uses of that portion of the park. Because state law classifies this dog park as a project, there should have been a neighborhood notice sent out, a public hearing or hearings held and an environmental review per the requirements of the California environmental Quality Act (CEQUA) prepared. None of this was done. Frank Lynch Chief Planner for Mendocino County told me that he had been instructed by administration to prepare a CEQUA review of this project. Recently, Mr. Lynch told me that he was instructed not to work on the project as administration is considering relocating the park.
- Dogs off leash, fighting and barking**
Existing Mendocino county leash law does not permit dogs to run off leash in county parks. This law has not been modified. My neighbor has had her cats and small dog mauled by dogs escaping from

LETTER POLICY

The Daily Journal welcomes letters to the editor. All letters must include a clear name, signature, return address and phone number. Letters chosen for publication are generally published in the order they are received, but shorter, concise letters are given preference. We publish most of the letters we receive, but we cannot guarantee publication. Names will not be withheld for any reason. If we are aware that you are connected to a local organization or are an elected official writing about the organization or body on which you serve, that will be included in your signature. If you want to make it clear you are not speaking for that organization, you should do so in your letter. All letters are subject to editing without notice. Editing is generally limited to removing statements that are potentially libelous or are not suitable for a family newspaper. Form letters that are clearly part of a write-in campaign will not be published. You may drop letters off at our office at 590 S. School St., or fax letters to 468-3544, mail to Letters to the Editor, P.O. Box 749, Ukiah, 95482 or e-mail them to udj@pacific.net. E-mail letters should also include hometown and a phone number.

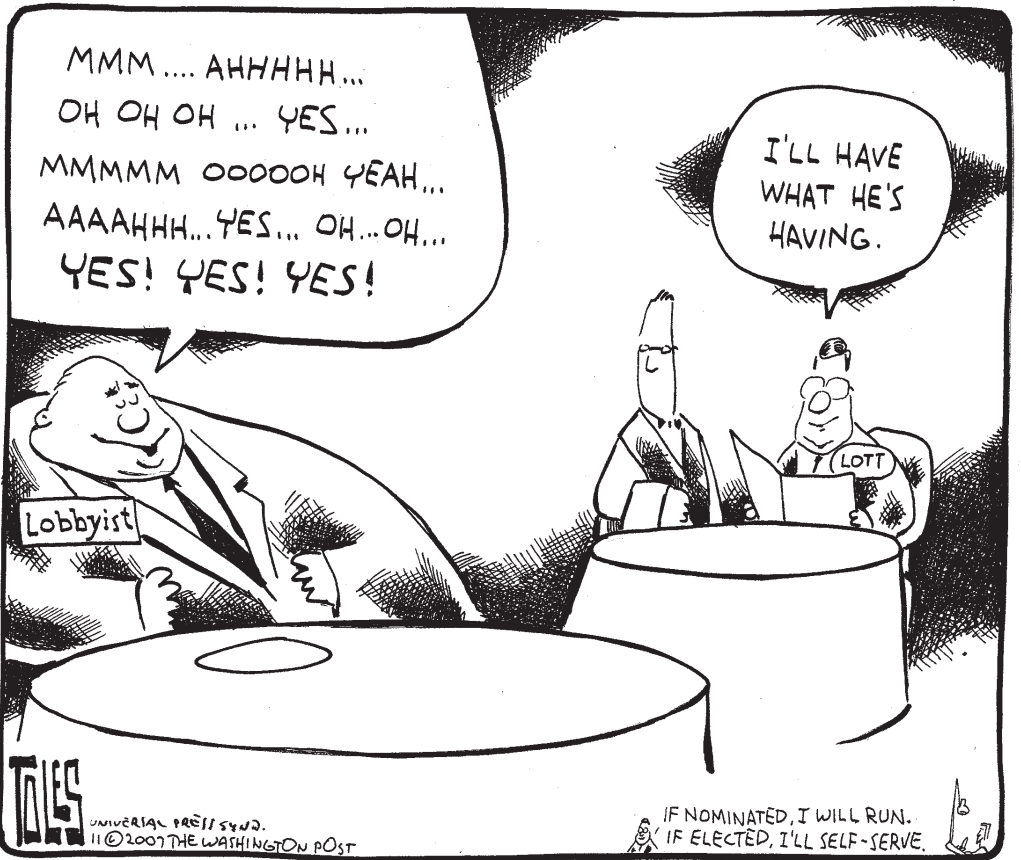
ON EDITORIALS

Daily Journal editorials are written by Editor K.C. Meadows with the concurrence of Publisher Kevin McConnell.

In our opinion
Give the gift of warmth

This week's rainy, cold weather gets us thinking about those who may be spending a lot of time out in it. The homeless in our area who are "sleeping rough" as they used to call it, or living in cars, vans and recreational vehicles need blankets, tents and sleeping bags now that the weather has turned cold and wet. They can also use lots of other items like diapers for the babies, warm clothing for themselves and their children and even personal care items like shampoo and soap and towels.
During the holiday season our thoughts often turn to the needy and since the colder weather comes along with the holidays it's a logical time to think of giving in our com-

munity.
For some, it's not a matter of having Christmas presents or a Christmas meal - although our community will provide both as well. It's more a matter of surviving the cold, rain and damp. For that you need warm things and plenty of them.
The Ukiah Community Center has long been a hub for caring for the needy throughout the year and especially in the winter.
We can all help them out now with our donations of warm winter clothing, blankets, tents and other items. Think what you would want to have if you had to spend several nights in your car. We can, most of us, afford to be generous because we don't.



- the dog park that get out of the run area and got into her yard. At least once a week, I have a dog from the dog park in my yard barking at my hunting dogs in their kennel. My dogs return the barking and it is a real nuisance.
- Change of use**
The portion of the Redwood Valley Lions Park that is now the dog park used to be used by families watching ballgames, for picnics, kite flying and toss and catch games. Now these activities are not possible due to the fact that there dogs running loose, barking and defecating on the ground.
- Noise**
There are eight homes within 100 feet of the dog park. Every week a large group take their dogs to the dog park. These dogs bark, this causes our dogs to bark this creates a lot of noise and nuisance for those of us that live here. Our property values and quality of life have diminished since the imposition of this dog park.
- Eight of the nine families have signed a petition opposing the location of the Running Free Dog park. We are not opposed to dog parks. We own dogs and they are part of our families. We are opposed to this one's location and it's unilateral imposition in our quiet residential neighborhood. The statements in this letter have been communicated to county officials in person, by phone and in writing, with no substantive response or explanation as to why this problem was forced on us. No explanation as to why the traditional use of the Redwood Valley Lions Park has

been changed without notice. Why is it that Mendocino County officials do not have to follow their own regulations and state law? Why not relocate the Running Free Dog Park to a county park that is not surrounded by homes such as Low Gap Park or Mill Creek Park? Of course that would take creative thinking, understanding of the affects of one's decisions and a concern for the citizens that county employees serve. Probably too much to ask of Mr. Mitchell and Ms. McMenomey.

Scott Ward
Redwood Valley

Kucinich coming to town

To the Editor:
Have you heard who is coming to Ukiah? Believe it or not, it is Presidential Candidate Dennis Kucinich.
A Town Hall meeting is scheduled for Dec. 20, 2007 at Mendocino College gymnasium. For those of us who have attended his personal appearances in other cities we are very grateful to the local Dennis Kucinich supporters who have arranged this event.
We will have the opportunity to hear directly from Dennis about his experience as a Representative in Congress and how he thinks we can bring about the changes that are needed to assure the continuation of our Constitutional Democracy.

Dotty Coplen
Ukiah

WHERE TO WRITE

- President George Bush:** The White House, 1600 Pennsylvania Ave., Washington, D.C. 20500; (202) 456-1111, FAX (202)456-2461.
- Governor Arnold Schwarzenegger:** State Capitol, Sacramento, 95814. (916) 445-2841; FAX (916)445-4633
- Sen. Barbara Boxer:** 112 Hart Senate Office Bldg., Washington, D.C. 20510; (202)224-3553; San Francisco, (415) 403-0100 FAX (415) 956-6701
- Sen. Dianne Feinstein:** 331 Hart Senate Office Bldg., Washington, D.C. 20510. (202)224-3841 FAX (202) 228-3954; San Francisco (415) 393-0707; senator@feinstein.senate.gov
- Congressman Mike Thompson:** 1st District, 231 Cannon Office Bldg, Washington, D.C. 20515. (202) 225-3311; FAX (202)225-4335. Fort Bragg district office, 430 N. Franklin St., PO Box 2208, Fort Bragg 95437; 962-0933, FAX 962-0934;
- www.house.gov/write rep
- Assemblywoman Patty Berg:** State Assembly District 1, Capitol, Rm. 4146, Sacramento, 95814. (916) 319-2001; Berg's Ukiah field representative is Ruth Valenzuela. Ukiah office located at 311 N. State St, Ukiah, 95482, 463-5770. The office's fax number is 463-5773. For email go to web site: assembly.ca.gov/Berg
- Senator Pat Wiggins:** State Senate District 2, Capitol Building, Room 5100, Sacramento, 95814. (916) 445-3375 Email: senator.wiggins@sen.ca.gov. In Ukiah: Kathy Kelley at 200 S. School St, 468-8914, email: kathy.kelley@sen.ca.gov
- Mendocino County Supervisors:** Michael Delbar, 1st District; Jim Wattenburger, 2nd District; John Pinches, 3rd District; Kendall Smith, 4th District; David Colfax, 5th District. All can be reached by writing to 501 Low Gap Road, Room 1090, Ukiah, 95482, 463-4221, FAX 463-4245. bos@co.mendocino.ca.us

Visit our web site at ukiahdailyjournal.com
email us at udj@pacific.net

From the desk of



RUBEN NAVARRETTE JR.

Immigration good issue for Richardson

The conventional thinking is that Bill Richardson is running a great campaign -- for vice president.
At least that's what you hear from Sunday morning pundits in Washington who insist on framing the Democratic primary race -- and for that matter, the Republican one -- as a two-person contest.
So during a quick phone interview while he was on the campaign trail in Iowa, I asked the New Mexico governor if he was really auditioning for the No. 2 spot.
"That's baloney," Richardson said.
What else is he going to say? No presidential candidate openly campaigns for the second-highest elective office. So I asked him if he'd take the job if it were offered and if there was anyone among the top candidates -- Hillary Clinton, Barack Obama, plus John Edwards -- with whom he couldn't see himself sharing the ticket.
"You know," Richardson said, "I'm really not interested. I'll come back to be governor of New Mexico, a job that I love. I can do my foreign policy ventures. I'm really not running for that."
According to some polls, more and more Democrats are showing an interest in Richardson. His poll numbers are up in some of the early states. The candidate credits "intensive personal campaigning" and his debate performances where, on immigration and foreign policy, he was -- as he puts it -- "strong and firm and didn't deviate."
He may be onto something. In both the Democratic and Republican contests, one gets a sense that voters have become pretty skilled at ferreting out which candidates believe what they're saying and which ones are just saying what voters want to hear.
According to a Washington Post/ABC News poll, Richardson gets points on immigration. Twenty-five percent of Americans trust him on that issue -- a better showing than his opponents.

Why is that?
"It's because I'm honest," he said. "And when I'm asked to explain my position in Iowa and New Hampshire, generally audiences that may be a bit hostile, I say to them that I'm for more security at the border, but I'm not for the wall. I say that it makes sense to have a legalization plan. What are the options? Deportation, or doing nothing?"

On the trail, Richardson even has a dependable applause line to deflect hostile questions. In a country where everyone likes to bellyache about illegal immigration -- but few want to take responsibility for it -- sooner or later the conversation comes around to the convenience of blaming Mexico.

He tells crowds that we should be "speaking frankly with our friend Mexico" and demanding that the Mexican government do more about poverty or, at least, "stop handing out maps of the easiest places to cross."

Richardson also thinks that Clinton, Obama and Edwards are bungling the immigration issue because they're "trying to duck it with rhetoric" when this is an issue that can't be finessed.

"The impression they're giving," he said, "is that: 'This is too hot to handle. I'll retreat to niceties and broad general statements.'"

Worse, he said, the GOP has created an opening that few Democrats are taking advantage of.

"There's an opportunity because Republicans are being totally reprehensible about it and nativist," he said.

Good for him. Edgy comments bring to mind the personal balancing act that one has to strike when he's the first credible Hispanic candidate for president. How do you appeal to the mainstream but stay true to your ancestry?

"I'm very candid," he said. "I say, 'Look I'm not running as a Hispanic candidate. I'm running as a Western governor, proud to be Hispanic but I don't wear my Hispanic-ness on my sleeve.'"

In fact, with a name such as Richardson -- which comes from his American-born father and not, as one reader recently suggested, because the candidate "changed his name to be more acceptable to white people" -- it's possible that many Hispanics don't even know that Richardson is one of their own.

The candidate says that is one reason he began "Mi Familia con Bill Richardson," an outreach effort aimed at Hispanic voters -- a group that will leave a huge footprint on Feb. 5 when votes are cast in heavily Hispanic states such as California, Colorado, Arizona and Richardson's home base of New Mexico.

"My strategy is simple," Richardson said. "It's to end up in the top three in Iowa, top three in New Hampshire, top three in Nevada. If I do that, then I'm on my way."

Yes, but to where -- and to which office?

Ruben Navarrette Jr. is a columnist and editorial board member of The San Diego Union-Tribune.



The Ukiah
DAILY JOURNAL

Publisher: Kevin McConnell Editor: K.C. Meadows

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The ins and outs of a hospitalist program

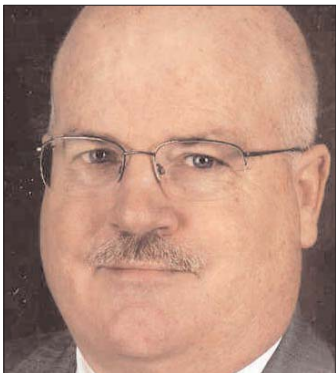
By way of introduction, I'm Terry Burns, president and chief executive officer of Ukiah Valley Medical Center. I'll be a contributing columnist once a month to share the challenges and triumphs of local health care. This month, I'm going to explain what a hospitalist program is, and why we're so proud of ours.

Hospitalist programs represent a major shift in the way people receive care in hospitals. Traditionally, a person's primary doctor cared for him whether he was in the doctor's office or in the hospital. This practice is on the decline. Many doctors now hand over the care of their hospitalized patients to a hospital specialist, a "hospitalist."

A hospitalist is a physician, usually an internist or family practitioner, who specializes in hospital-level care and dedicates his or her time to hospitalized patients. These doctors spend their entire day or night in the hospital working directly with their patients and the team caring for them. During the past several years, hospitalist programs have swept the nation.

Hospital (inpatient) and office-based (outpatient) care are different, and doctors appreciate the opportunity to focus on what they do best. Of course, there are some who enjoy both, and they continue to practice in and out of the hospital.

Patients receive the benefit of a specialist in the hospital. Upon admission to the hospital, a patient's primary physician shares relevant medical history with the hospitalist, so the patient's outpatient care is continued. When the patient is released from the hospital, the hospitalist transfers the



Local Health
By Terry Burns

patient's care back to his original physician, again sharing pertinent medical information to maintain consistent care.

Hospitals have the benefit of having a physician on-site dedicated to hospitalized patients, which means timely care for patients and education for nurses and other clinical staff.

UMVC began its hospitalist program in December 2006 with a physician group from the Bay area, but has recently changed to a local group to take advantage of the relationships that exist between this group and community physicians. Pacific Redwood Medical Services will provide hospitalist services for UVMC beginning in January 2008. They are the same group who has been providing emergency services through the UVMC Emergency Room for more than 25 years and we are glad to partner with them.

Going forward, I would like to write about topics you're interested in, so please share your thoughts with me. I can be reached at 463-7360.

Terry Burns is president and CEO at Ukiah Valley Medical Center.

Ukiah Senior Center Lunch Menu

Monday - Friday, Serving at 11:30 a.m.
Reservations required by 7 a.m.
All meals cost \$5
Food by Zacks, public welcome
468-9256

Tuesday Dec. 4 Chicken breast Mashed potatoes Vegetable Fruit salad	Wednesday Dec. 5 Penne pasta w/ meat sauce Green salad Dessert	Thursday Dec. 6 Corned beef Cabbage Green salad Roll Dessert	Friday Dec. 7 Beans & ham Cornbread Green salad Dessert	Monday Dec. 10 Barbecue chicken Baked potato Green salad Roll Dessert
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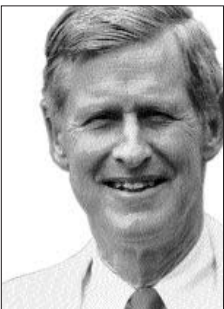
Broken blood vessels a minor problem

DEAR DR. GOTT: I am 41 years old, and recently two little broken blood vessels have appeared on my face. Is there any chance of nonsurgical removal?

DEAR READER: Without seeing these lesions, I won't hazard a diagnosis. In general, there are several nonsurgical options, including laser therapy and topical application of various salves. Two broken capillaries probably better left alone. However, if you are concerned, speak with your primary care physician or get a referral to a dermatologist. I don't believe that you need surgical removal because your case (from your brief description) appears to be minor.

To give you related information, I am sending you a copy of my Health Report "Medical Specialists." Other readers who would like a copy should send a long, self-addressed, stamped envelope and \$2 to Newsletter, PO Box 167, Wickliffe, OH 44092. Be sure to mention the title.

DEAR DR. GOTT: This is in response to your reader who advocated tossing water in the face of a tantrum-throwing child. I am sorry you think this is abuse. When my 2-1/2-year-old daughter



ASK
DR. GOTT
By Peter H. Gott, MD

started throwing tantrums, I tried this method. Your reader is right. You have to do it only once. It works wonders, and I cannot see where it had any adverse affect. This daughter grew into a wonderful 46-year-old teacher and mother of three.

While in a restaurant and the kids act up, you are not going to be able to send them to their room. We could take our children anyplace and never worry because they learned at an early age how not to act.

Thank you for printing my letter.
DEAR READER: About half the readers who responded to this practice

were in favor of it; the other half agree with me.

Whether the water punishment is abusive depends, I suppose, on how often it is used and to what degree. If used only once or twice, I may have to agree that it is an acceptable tool. However, if large amounts of hot or icy cold water are used or if it is done repeatedly, then it would constitute abuse.

DEAR DR. GOTT: I have been drinking Certo and grape juice for several years and it works great. My question is, does it have to be Certo brand? My local store no longer carries it but does have other brands of liquid fruit pectin.

DEAR READER: I don't know whether pectin (generic Certo) is effective in treating arthritis pain. Try it and see.

Doctor Gott is a retired physician and the author of the new book "Dr. Gott's No Flour, No Sugar Diet," available at most chain and independent bookstores. If readers would like to contact Dr. Gott, they may write him at Dr. Gott c/o United Media, 200 Madison Ave., 4th fl., New York, NY 10016.

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LAKEPORT: 263-7725, Lakeside Health Center, 5335 Lakeshore

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Local news, weather & sports in the *Daily Journal*

LOCAL
CALENDAR

This week:

- Wed.-Sat., UHS varsity girls basketball in REIBT @ Healdsburg
- Wed.-Sat., UHS varsity boys basketball in REIBT @ Healdsburg
- Thurs., UHS freshmen boys basketball vs. Healdsburg @ 6 p.m.
- Thurs.-Sat., UHS jv girls basketball in Analy JV Tourney, away, time TBA
- Fri.-Sat., UHS jv boys basketball in Willits Tourney, time TBA
- Sat., UHS varsity wrestling @ McKinleyville, 9 p.m.

COMMUNITY
DIGEST

High School Baseball Clinic
The city of Ukiah and the Ukiah High Wildcats would like to announce the beginning of registration for a baseball clinic supervised by UHS baseball coaching staff. This clinic is completely free and will be held every Tuesday, Wednesday and Thursday from 3:00 p.m. till 5:00 p.m. beginning on December 4th. This clinic will teach every aspect of the game, from hitting and base running to pitching and fielding and so much more. The clinic is open to boys ages 13-17 all the way through the end of January. Pre-registration is the only requirement and in order to do so go to the City of Ukiah office at 411 W. Clay St. Call 463-6201 for more info.

2007 Redwood Classic Basketball Tournament
The 50th annual Redwood Classic Basketball Tournament is set to kick off the new season November 28-Dec. 1st, at the Anderson Valley High School gym in Boonville. The Redwood Classic is oldest and largest small school tournament in California. Local teams invited include: Anderson Valley, Mendocino, Point Arena, St. Vincent, Cloverdale and Upper Lake. The out of area teams are: Branson, Crystal Springs-Hillsborough, Tulelake, International, Valley Christian-Roseville, South Fork, Hoopa, CA School for the Deaf, Stuart Hall and Colusa. The tournament begins at 3:30 p.m. Wednesday, November 28th. Single day ticket prices are \$5 for adults, \$3 students and seniors and souvenir programs cost \$5.

Women's Roller Derby League Forming
Roller Girls is for women 18 years and older of all skating abilities. Contact is light and the main object is to maintain physical fitness and have fun. Roller Girls meet at Skate City on Wednesdays from 8:00p.m.-9:30p.m. starting this Wednesday December 5, 2007. Helmets, wrist guards, elbow pads, and knee pads are required. The cost is \$40 per calendar month. This includes Wednesday Derby practice from 8-9:30p.m. and Friday extreme sessions from 6:00-7:15p.m.

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Andrew Bagnato's football talk
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Testaverde, Panthers end home skid, beat 49ers 31-14

By MIKE CRANSTON
AP Sports Writer
CHARLOTTE, N.C. — Carolina coach John Fox heard all week that fans may stay away from the Panthers' game against San Francisco, disgusted with the team's five-game losing streak and its seven straight losses at home. There were roughly 17,000 no-shows Sunday, but the ones who did attend saw the Panthers finally end their home hex. They can thank

their 44-year-old quarterback and Fox's decision to open the playbook. Testaverde threw two touchdown passes and became the second-oldest QB to start a game, leading the Panthers to a 31-14 win over the San Francisco 49ers. "There was a lot of talk there would hardly be anybody here this week," Fox said. "I don't know what the count was, but all those people that were here today, I'm real

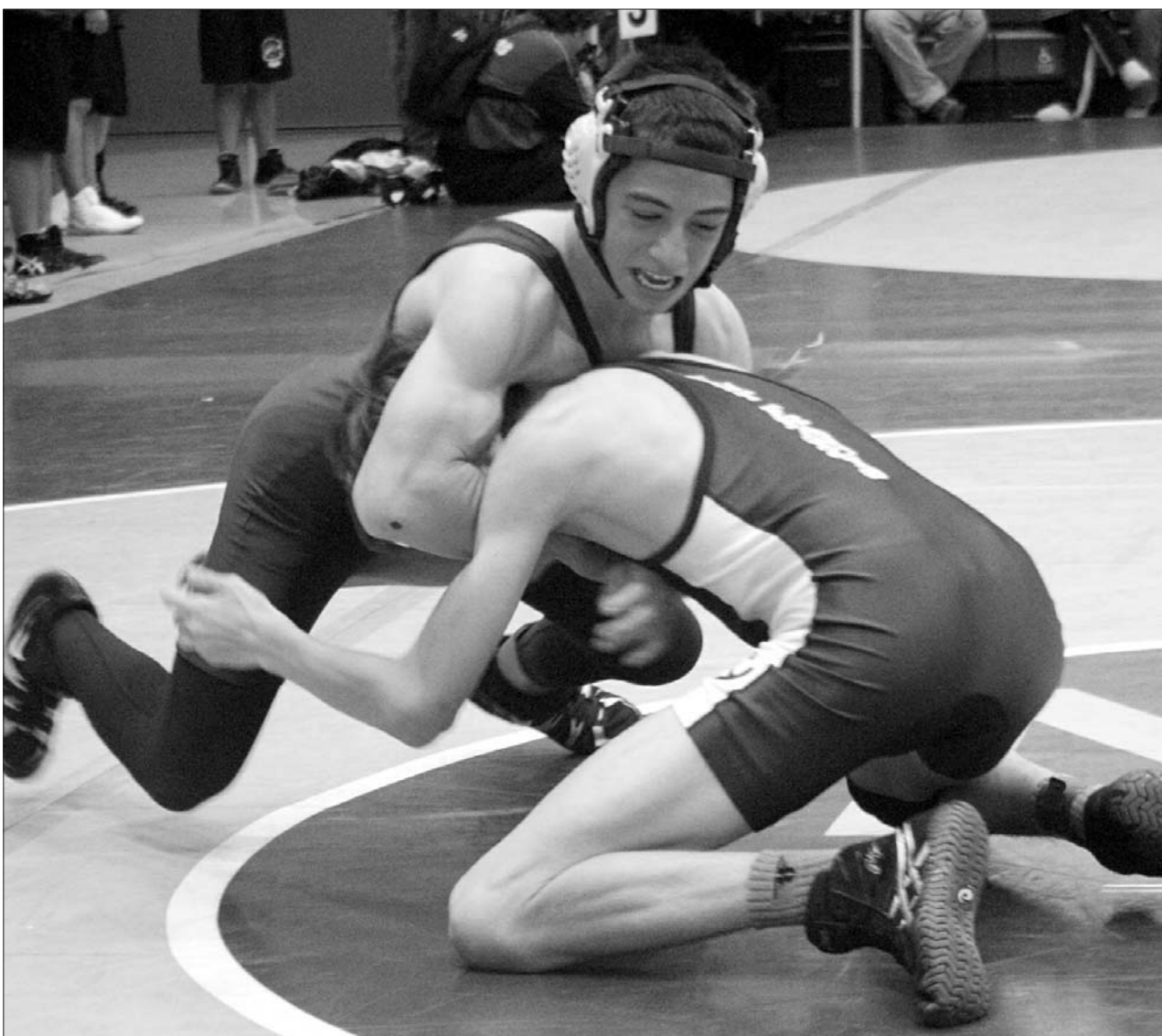
happy for. This has been a long time coming for them, too." Using razzle-dazzle rarely seen under the conservative Fox, the Panthers (5-7) won at home for the first time in 377 days behind Testaverde, who at 44 years, 19 days became the second-oldest starting QB in NFL history. Testaverde also became the oldest starter to win, besting

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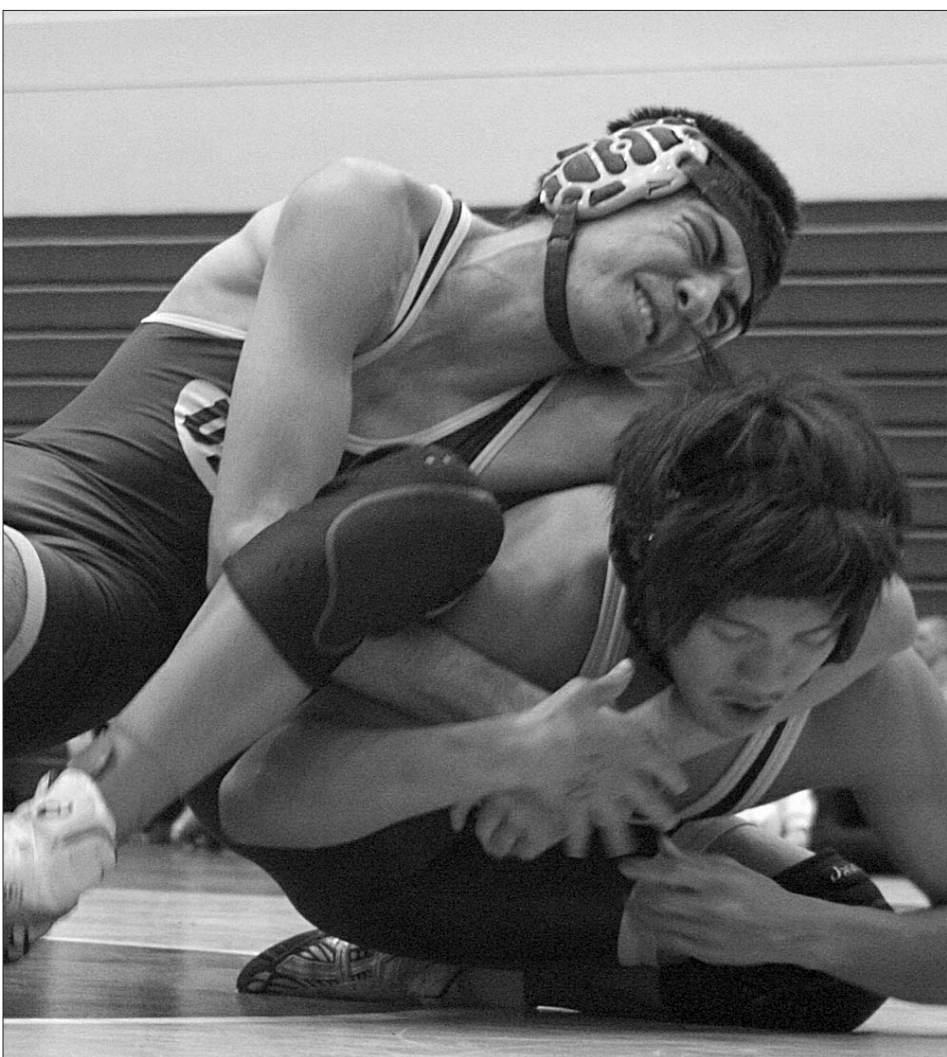
Niners Quarterback Trent Dilfer had a decent game against the Panthers with 2 TD passes.

UHS Wrestlemania



Photos by Edwin Guerrero

Above, UHS senior Travis Mendoza placed fourth this weekend at the Newark Memorial High School Iron Man Duels tournament. At Right, UHS Senior Adrian Sandoval took first place in the 130's class. UHS had eight wrestlers travel to Newark for the two-day Tourney event.



Niners say Alex Smith will keep contract for now

By DANIEL BROWN
Mercury News
Alex Smith will test his injured right shoulder with a light throwing session Wednesday. Beyond that, there are increasing questions about his future. The 49ers on Monday dismissed an item on foxsports.com that suggested they are looking to pull the plug on the final two years of Smith's contract. A three-sentence blurb over the weekend said that "there is a good chance" that the 49ers won't pay the quarterback an \$8 million bonus in March, a move that would trigger a buy back of Smith's contract for 2009-10.

In response, Coach Mike Nolan said Monday that there have been no such conversations about Smith's contract status. "We have not had any discussions with respect to that during this season right now, at all," Nolan said. "That's because it's not the time for that." Smith, who had been unaware of the speculation, essentially laughed it off. He said he hadn't discussed his contract details in a long time and seemed surprised by the \$8 million figure for March. "I honestly have no idea," Smith said. The item by John Czarnecki on foxsports.com

noted the strained relationship between Smith and the 49ers coaching staff this season. Much of the tension has centered on the quarterback's health. Smith suffered a separated shoulder Sept. 30 against the Seattle Seahawks and his slow recovery has frustrated both sides. Smith will try to throw Wednesday. If he still feels discomfort in the days that follow, season-ending surgery is a possibility. "The way everything has gone, I'd like to come back and play this year," Smith said. In the meantime, veteran quarterback Trent Dilfer remains the starter. Looking

'It's very important to have competition at every position. The quarterback is not immune to that environment.'

-Mike Nolan

ahead to 2008, Nolan did not rule out the possibility that the 49ers would bring another quarterback to training camp, perhaps someone who could press Smith for playing time. "It's very important to have competition at every position," Nolan said Monday. "The quarterback is not immune to that environment." Smith is in the third year of a six-year, \$49.5 million contract with \$24 million in guaranteed money.

A defeat to the Carolina Panthers on Sunday ensured that the 49ers (2-9) will have five consecutive losing seasons for the first time in franchise history. They had four straight losing seasons from 1977-80 before ending that skid with a Super Bowl title. After time to reflect, Nolan said had no regrets about punting rather than going for a fourth-and-2 on

See NINERS, Page 7

Thousands attend funeral for Taylor

By STEVEN WINE
AP Sports Writer
MIAMI — Thousands filled a university arena for Sean Taylor's funeral Monday, with his coach praising his "excitement for life" and the NFL commissioner telling mourners the Washington Redskins star "loved football and football loved him back." The funeral comes a week after Taylor was shot in his home and days after four men were charged with killing him during the robbery. A lawyer for one of the suspects confirmed there was a fifth suspect. Taylor's casket was surrounded by bouquets while a video display behind it showed Taylor from his days with the Redskins, Miami Hurricanes and high school. NFL commissioner Roger Goodell said it had been a "sad week" for the league family. "It's times like this that all of us struggle to find meaning in life," Goodell told the mourners. "The NFL was proud of Sean Taylor. He loved football and football loved him back. But more importantly, it was what he was as a man and what he was becoming as a man."

-Roger Goodell

Redskins coach Joe Gibbs spoke to Taylor's growing spirituality. "I think he's going to have 100-year football games," Gibbs said. "He had excitement for life and certainly he can still live forever. For me personally, I want to play on Sean's team." The Rev. Jesse Jackson sat with the athlete's father, Florida City Police Chief Pedro Taylor, then took the podium and called for an end to violence. Clinton Portis, a Redskins running back and close friend of Taylor's, said seeing Taylor tackle another player was invigorating, earning chuckles from the audience. "It was exciting to have Sean on your team," Portis said. "He would always be there no matter what." Portis also spoke to the change everyone saw Taylor undergo with his daughter's birth. "Sean was living for

See FUNERAL, Page 7

Dodgers owner makes Hall of Fame

By RICHARD PYLE
Associated Press Writer

NEW YORK — The news that Walter O'Malley had been elected to the baseball Hall of Fame fell flat in Flatbush.

In Brooklyn, some aging baseball fans they still recall that dark day in 1957 when they learned the owner of the Dodgers was moving their beloved team to California.

So when O'Malley was picked Monday by the Hall's Veterans Committee, there wasn't a lot of joy in the place he left behind.

Borough president Marty Markowitz, whose job includes sticking up for Brooklyn every way possible, said he was "flabbergasted — that's the word."

"For O'Malley, the bottom line was that it was his team to do what he wanted with, and he did it at the expense of breaking our hearts, at the expense of ripping out the hearts of the most enthusiastic fans in baseball," said Markowitz, who was 12 years old and lived three blocks from Ebbets Field a half-century ago.

Markowitz said that after he got wind of the impending O'Malley selection last month, he wrote a letter asking the committee to make a deal — "if you're going to elect O'Malley, then give Brooklyn some respect by putting that great Dodger, Gil Hodges, in the Hall of Fame as well."

Hodges was a popular player in the heyday of the Dodgers and his repeated rejection by the Hall of fame since 1987 has become something of a cause celebre in Brooklyn.

"I'm at a loss to understand it," Markowitz said. The committee has not replied, he said. While perhaps widely shared in Brooklyn, Markowitz's views are not universal.

John Thorn, a leading

'He broke my heart in 1975 but he made a great contribution to baseball.'

-John Thorn

sports historian, declared O'Malley "a good choice" for the nation's best-known pantheon of sports heroes.

"He broke my heart in 1957 but he made a great contribution to baseball and the nation by taking baseball west," Thorn said in a phone interview. "O'Malley's role as the 'Johnny Appleseed' of baseball weighs heavily in his favor, compared to the injury done to the people of Brooklyn.

"Even though he was seen there as a combination of Hitler, Mussolini and Caligula, it probably was a good thing — he made the 'National Pastime' truly national, rather than the provincial affair that it had been, with only two teams as far west as the Mississippi river and the rest of them in the east."

O'Malley, who died in 1979, received the minimum nine votes from the 12-member veterans board to qualify for the Hall of Fame.

The Dodgers' departure came just two years after they defeated the hated Yankees in a seven-game 1955 "Subway Series" that enshrined Dodger players in a Valhalla of their own. A few years later, fabled Ebbets Field was torn down to make room for a new apartment complex.

When the Dodgers' National League rival Giants also decamped in 1957 to San Francisco, it ended a remarkable 11-year era in which at least one of Gotham's three teams reached the World Series in every year but one, 1948. That era is described by Thorn in a recent book, "The Glory Days."

Bagnato on Football: BCS got it right this time

By ANDREW BAGNATO
AP College Football Writer

College football playoff supporters need to find a new cause.

The BCS worked this time. Deal with it.

At the end of the looniest autumn in memory, the computers whirled and wheezed and spit out an entirely reasonable pairing for the Bowl Championship Series title game: No. 1 Ohio State vs. No. 2 LSU.

As BCS controversies go, there was barely any smoke, let alone fire.

This wasn't 2003, when Oklahoma lost the Big 12 playoff by 28 points and was admitted to the BCS championship game over Southern California, ranked first in both human polls.

It wasn't 2001, when Nebraska lost its last game by 26 points, failed to win its Big 12 division and still got a shot at the BCS title over Oregon,

the second-ranked Pac-10 champion.

It wasn't 2000, when Miami beat Florida State and finished ahead of the Seminoles in the polls, only to watch FSU go to the BCS title game.

Those were travesties.

This goofy season produced a sock drawer full of national title contenders. The Buckeyes and Tigers had the fewest holes in the toes.

Playoff scolds pulled themselves away from Sunday's NFL action long enough to lecture us on the injustice of it all.

Well, let's take a closer look at those who were snubbed, and what they might have done to earn a championship berth.

USC? Stop Stanford on fourth-and-20, or fourth-and-10. In the Coliseum, no less.

Georgia? Win your division, Dawgs. You finished behind a team coached by Phil

Fulmer.

Virginia Tech? If you're going to lose by 41 points, don't do it against a team (LSU) that will be competing with you for a BCS title slot.

Kansas? Play someone your own size. Oh, you did: Missouri.

Oklahoma? Next time you take a 24-7 lead in Boulder, don't get on the bus until after the fourth quarter.

Even Hawaii, which played a schedule ranked 117th of 119 by the NCAA, has its proponents. "We're the only 12-0 team in Division I-A, so how can we not be in the national championship game?" said former Hawaii defensive end Ikaika Alama-Francis, now with the Detroit Lions. "I don't want to hear people blame our schedule, either."

Remember that the Trojans, Bulldogs, Hokies, Jayhawks, Sooners and Warriors all drew berths in elite bowls. No one's making them spend the holi-

days in El Paso.

The real problem with this year's BCS can be found in the mostly ho-hum matchups it produced in the other four games.

As for the title game, what's the beef?

It's not as if we're staring at Arizona State-Boston College, a possibility six weeks ago.

Some may wonder if Ohio State is a puffed-up Big Ten pastry waiting to be devoured by a faster, more skilled Southeastern Conference squad.

Where have we seen that before? But let's see how it plays out.

Aside from Ohio State-LSU, the BCS gave us only one other compelling game, Hawaii against Georgia in the Sugar Bowl. And that's because it has the potential to make life miserable for the

See BAGNATO, Page 8

Mixed martial arts fighter dies

By JOHN PORRETTO
Associated Press Writer

HOUSTON — A mixed martial arts fighter has died in a hospice about six weeks after he was injured in a sanctioned bout, a rare fatality for a combat sport that is growing in popularity.

Sam Vasquez, 35, of Houston, was injured at the Toyota Center on Oct. 20 and died Friday. The Harris County Medical Examiner's Office confirmed Vasquez's death, but spokeswoman Stacey Mitchell said it could be several days before the official cause is determined.

Mixed martial-arts fighting, a free-for-all combination of judo, boxing, karate, Muay Thai, kickboxing, tae kwon do, jiu-jitsu and wrestling, has grown in popularity and attracted large pay-per-view

television audiences.

To broaden its fan base, the sport has limited the violence, attracting new fans without alienating its original hardcore base.

Vasquez was hospitalized after he was knocked out by Vince Libardi of San Antonio in the third round of a fight at the Renegades Extreme Fighting show. He lost consciousness and suffered a seizure.

The Texas Department of Licensing and Regulation, which sanctioned the fight, said it investigated the incident immediately after the fight.

The agency examined the pre-fight requirements, the activity during the bout and the way emergency medical workers responded to Vasquez's injury.

"To date, the evaluation shows that this event was conducted in compliance with all procedures," said a statement issued by executive director Bill Kuntz. "Texas and the Mixed Martial Arts community have lost a true fighter."

Saul Soliz, the Renegades promoter, has been staging professional and amateur shows in the state since 2000 and had the necessary license to stage the event.

Soliz did not immediately return a call Monday from The Associated Press, but in a statement sent through his lawyer, he said he was saddened by Vasquez's death.

"He was a great husband, father, son, brother, friend and martial artist," the statement said.

A mixed martial arts fan Web site said Vasquez was the first such fighter to die from

an injury incurred or aggravated while competing in a regulated bout, though no official statistics were available. In 1998, American Doug Dedge died after being knocked out in an unregulated fight in the Ukraine.

Vasquez had been in intensive care at St. Joseph Medical Center before being transferred to a hospice last week.

Vasquez suffered a massive stroke while hospitalized. Comments attributed to his wife, Sandra, on the mixed martial arts forum www.txmma.com indicated he had been in a medically induced coma and had undergone two surgeries to remove blood clots in his brain.

Associated Press Sports Writer Kristie Rieken contributed to this report.

Niners

Continued from Page 6

the Panthers' 42-yard line.

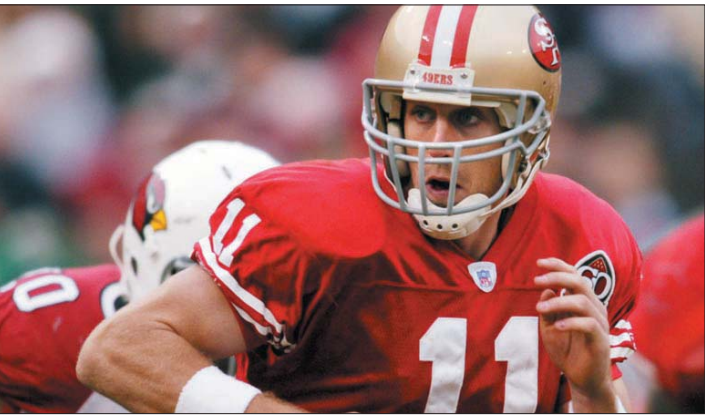
The decision came late in the third quarter after the 49ers coaxed a penalty on Carolina for running into the punter.

Any second thoughts?

"Not really," Nolan said. "There was so much time left in the game."

Nolan added that there were still almost 3 yards to go after the penalty. Had it been a fourth-and-1, he would have gone for it. He conceded that much of his thought process at the time was clouded by his anger at the penalty call. Nolan wanted a roughing penalty (15 yards) rather than the 5-yarder, which he wound up declining.

Receiver Arnaz Battle (sprained ankle) is listed as questionable for next Sunday's game against the Minnesota Vikings. Cornerback Donald



File Photo

Niners coach Mike Nolan said that there has not been any talks with Alex Smith about the team dropping out of his contract.

Strickland (left knee) and guard David Baas (elbow strain) are listed as probable.

Running back Frank Gore had only 12 carries a week after a season-best 116 yards against the Arizona Cardinals. Nolan said that because the Panthers twice jumped out to big leads, the 49ers were only able to run 24 of their base play calls on offense as opposed to the 40 base calls

they ran against Arizona.

Dilfer said he sent a text message to Cal Coach Jeff Tedford over the weekend. Tedford coached Dilfer at Fresno State. "I thanked him for teaching me to invest every thing into every week," the quarterback said. "It's been 15 years since he coached me and he still has a huge impact on how I approach life and this game."

Funeral

Continued from Page 6

his child, living for his girl," he said.

"I never wanted you to leave, my heart that loves you will always grieve," Taylor's sister, Jazmin, said.

Actor Andy Garcia was also among the mourners. His niece, Jackie Garcia, was Taylor's girlfriend and was in the home when he was shot.

Former Hurricanes coaches Larry Coker and Butch Davis sat in the front row, along with current coach Randy Shannon. The Redskins organization filled one section of the building.

The remembrances for the 24-year-old player began Sunday night. Thousands paid respects at a wake at Second Baptist Church and at a vigil at the University of Miami.

Out of respect to Taylor's family, the suspects are expected to be transported to Miami after the funeral, said

attorney Sawyer Smith, who is representing suspect Jason Mitchell, 19.

Ed Griffith, a spokesman for the Miami-Dade County State Attorney's Office, said the men could be in court as early as Tuesday morning.

Also charged are Eric Rivera, 17; Charles Wardlow, 18; and Venjah Hunte, 20. All face charges of unpremeditated murder, home invasion with a firearm or another deadly weapon and armed burglary.

Smith said there is a fifth suspect but declined to elaborate. Miami-Dade police spokesman Juan Villalba refused to confirm that.

Probable cause affidavits for Mitchell and Rivera obtained by The Associated Press said the two confessed to participating in armed burglary. According to the reports, Mitchell and Rivera admitted entering the home

and said someone had a gun and shot Taylor, but they didn't identify who. Police and

attorneys also have said some of the young men confessed, though they wouldn't elaborate.

Taylor died Nov. 27, one day after being shot at his home in an affluent Miami suburb. Police said the suspects were looking for a simple burglary, but it turned bloody when they were startled to find Taylor home.

The suspects all have prior arrests, according to police, including drug, theft and gun charges, though friends and family have defended them.

Police remain tightlipped about how the suspects wound up at Taylor's home. But his former attorney Richard Sharpstein said Taylor's sister was dating a relative of Wardlow and that one or more people tied to the suspects may have attended her 21st birthday party at the athlete's home.

Associated Press Writers Rasha Madkour, Sarah Larimer and Matt Sedensky contributed to this report.

Panthers

Continued from Page 6

his own record set seven weeks ago in Arizona, Carolina's last victory.

"Any time you get on that kind of streak, it's tough to break," Fox said. "This wasn't just a monkey, it was King Kong."

The Panthers' defense stepped up, too, forcing six sacks and six turnovers, including Richard Marshall's 73-yard interception return for a touchdown, spoiling the 49ers' confidence a week after they snapped an eight-game losing streak.

"It's obviously very disappointing," said quarterback Trent Dilfer, who threw for 171 yards and two touchdowns, but was intercepted four times. "We wanted to build on last week. We didn't."

Instead, it brought to light quarterback issues for the 49ers (3-9), who are facing uncertainty about the severity

of Alex Smith's shoulder injury, which kept him out of a third straight game.

"As soon as the medical staff tells me there's a possibility of a change, as far as someone's health, I will take a look into it," coach Mike Nolan said.

It was odd seeing the visiting team dealing with QB issues, not the Panthers, who lost Jake Delhomme to a season-ending elbow injury in Week 3, then watched high-priced backup David Carr get hurt, then be ineffective.

Testaverde, who started the season out of the league, has led the Panthers to their last two victories. Testaverde moved into second place on the old-man list, passing Warren Moon, who was 44 years, 8 days old when he started in 2000. Steve DeBerg, at 44 years, 279 days, holds the record for oldest QB from his 1998 start.

Testaverde sat out Carolina's 31-6 Carr-led loss New Orleans last week with a sore back. Testaverde was

healthy Sunday, Carr was demoted to third-string and the Panthers looked like a new team.

While Testaverde threw for only 153 yards and had two interceptions, he directed an offense that took risks and snapped a streak of 12 straight quarters at home without an offensive touchdown.

The Panthers ran a reverse, a lateral and even a direct snap to Steve Smith — with Testaverde lining up as a receiver — in building a 17-0 halftime lead.

"We mixed it up," Testaverde said.

Showing poise in the pocket missing when Carr ran the offense, Testaverde tossed a 5-yard touchdown pass to rookie Dante Rosario — who was 2 years old when Testaverde entered the league in 1987 — and a 1-yard pass to Jeff King that made it 31-14 early in the fourth quarter.

That allowed the Panthers to overcome the two miscues that briefly let the 49ers back in it.

Michael Lewis intercepted

Testaverde on the first series of the second half, leading to Dilfer's 20-yard touchdown pass to Arnaz Battle.

Nate Clements' 41-yard punt return set up Dilfer's 21-yard TD pass to Delanie Walker, cutting Carolina's lead to 17-14.

As has been the case for the 49ers all season, the good fortune didn't last.

Lewis muffed a punt and Rosario fell on it at the 49ers 11. Four plays later, DeShaun Foster's 1-yard TD run gave Carolina a 10-point cushion.

The Panthers, who had a league-low 10 sacks in the first 11 games, came alive against the 49ers' shaky offensive line. Mike Rucker had 1 1/2 sacks and forced a fumble.

Frank Gore was held to 58 yards rushing on 12 carries, a week after he had his first 100-yard game in San Francisco's overtime win over Arizona.

The lone bright spot was rookie linebacker Patrick Willis. The NFL's leading tackler had 18 more.

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Bagnato

Continued from Page 7

mighty SEC.

It's impossible to overstate the importance of this game for the SEC.

The league would never be able to live down a loss to Hawaii, particularly on SEC turf.

If you don't think Colt Brennan and the Warriors have a chance, think about Boise State. Funny things can happen when you give David a month to load up his sling-shot.

The point is, anyone who cares about college football will be watching the Sugar on Jan. 1.

The other BCS bowls? Maybe not so much.

Does anyone really need to see USC wipe its cleats on Illinois in the Rose Bowl?

West Virginia-Oklahoma sounds more like a Greyhound bus itinerary than a Fiesta Bowl.

Virginia Tech and Kansas are in the Orange Bowl, but they ought to be playing on a Thursday night in September.

If there's any fallout from this year's BCS selection process, it won't be a playoff. But it could produce more

'Whether or not this year is good or bad for a so-called 'plus one,' I am still interested in exploring it in great detail.

-Mike Slive

support among conference commissioners for the so-called "plus one" model, which would create an additional game after the BCS bowls.

BCS coordinator Mike Slive, commissioner of the SEC, would like to see the concept be given full consideration, and that is likely to happen when the Football Bowl Subdivision commissioners meet next spring.

"Whether or not this year is good or bad for a so-called 'plus one,' I am still interested in exploring it in great detail," Slive said on a media conference call Sunday night.

Suppose there had been a "plus one" scheme this year. And suppose LSU, USC and Georgia all win their bowl games.

You still can't squeeze three teams into one game.

Some years, the "plus one" could bring perfect clarity. Other years, it may simply re-ignite the same arguments one month later.

So what's the best thing to

do about the BCS?

Accept that it's flawed, and understand that it's not permanent.

In that way, the BCS is no different from most of the other schemes used to create a national champion in a sport ruled by regional interests.

This much is certain: All the kvetching about the BCS can't diminish a fabulous season.

Think about it. The year began with Appalachian State walking into Ann Arbor and beating Michigan.

It ended late on a December night, on an island in the Pacific Ocean, with Hawaii intercepting a last-gasp pass in the end zone to clinch a BCS berth.

In between, Notre Dame lost to Navy and eight other teams.

Wonders never cease in college football. Unfortunately, neither does the whining.

AP Sports Writer Larry Lage in Detroit contributed to this report.

Dorrell fired at UCLA

By KEN PETERS
AP Sports Writer

LOS ANGELES — UCLA coach Karl Dorrell was fired Monday, a day after the Bruins accepted a bowl bid and two days after a loss to cross-town rival Southern California.

Dorrell was let go despite leading the Bruins to a post-season game in each of his five seasons at UCLA, which had an outside chance to reach the Rose Bowl before its 24-7 defeat by USC over the weekend.

The 43-year-old Dorrell, a former UCLA player who previously had not held a head coaching job, had a 35-27 record.

The Bruins (6-6) will play BYU (10-2) in the Las Vegas Bowl on Dec. 22. UCLA athletic director Dan Guerrero said Dorrell will decide whether he wants to coach that game and, if not, defensive coordinator DeWayne Walker will serve as interim coach.

"I hired Karl five years ago in the hopes that this program would grow and prosper under his leadership," Guerrero said at a news conference. "In many ways, it did.

"But after an analysis of the

five-year tenure at the helm, and my discussions with him through the season, my discussions with him even yesterday,

I felt it was important for us and this program to move forward."

UCLA had some off-the-field problems when Dorrell took over, and he essentially cleaned up the program. But that success wasn't reflected in the Bruins' won-loss record.

"Certainly the issues of injuries came into play this year," Guerrero said, alluding to a string of injuries to quarterbacks and others. "But the concerns that have plagued us just in a general sense over this period primarily relate to inconsistent play.

"In my mind, it created a scenario that I felt needed to be changed."

Dorrell's teams had a knack for losing games they should have won, including this year's stunning 44-6 defeat by Utah and a 20-6 loss to Notre Dame.

Guerrero said one reason Dorrell was hired was to "build this program into a consistent winner, a program that would be in the national discussion on a regular basis."

While UCLA flirted with

national prominence several times with Dorrell at the helm, the Bruins always seemed to stumble into one of their mysterious losses.

That inconsistency, Guerrero said, was a factor in his decision to let Dorrell go.

Dorrell's firing leaves five black coaches at 119 major college programs.

Talk of Dorrell's ouster has been building all year.

If the Bruins had made it to the Rose Bowl, it would have been the first time a team with five losses had played in Pasadena.

Boise State's Chris Petersen, Texas Tech's Mike Leach and former NFL coach Steve Mariucci reportedly have been contacted by UCLA about the job, but Guerrero said that wasn't the case.

"Neither UCLA, my office, me directly or through any emissaries or third parties have been out there contacting prospective candidates for this position," he said.

"That has not been the case. The decision has been made as of today and we will begin that process, our search for a new coach, imminently."

Leach, who was in New York, said he has not been contacted by UCLA.

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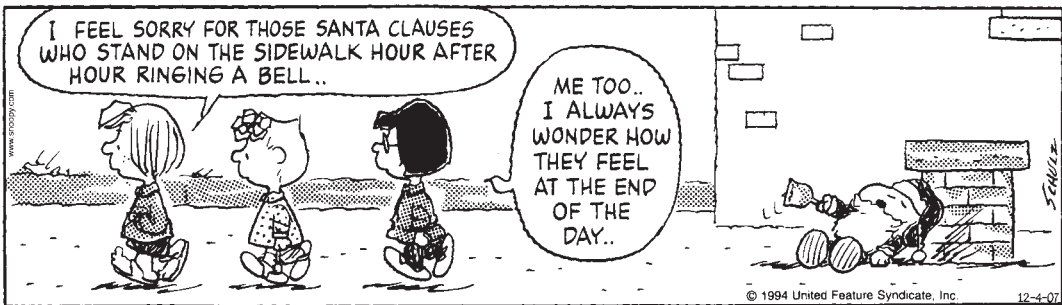
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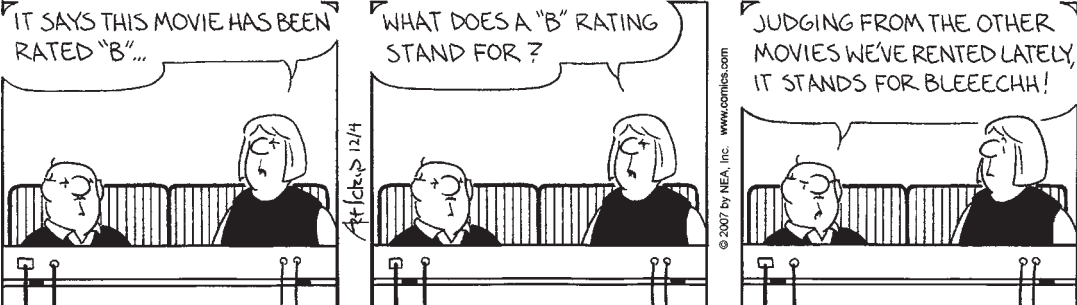
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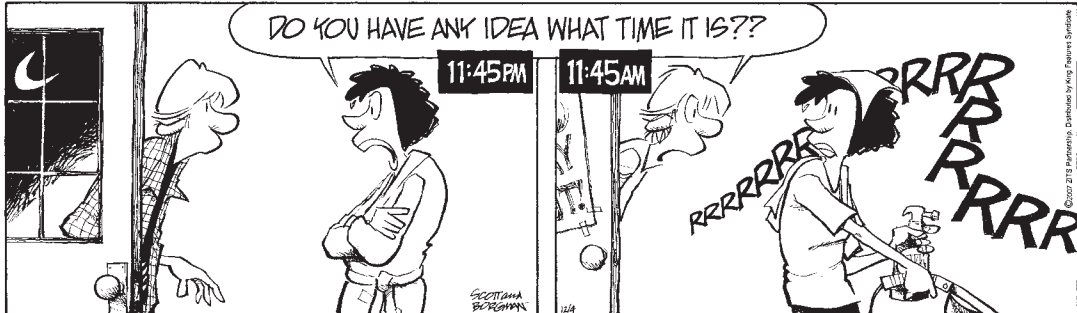
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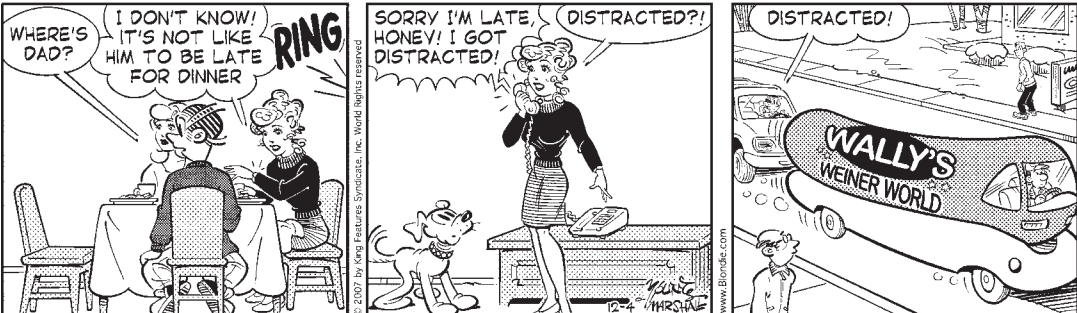
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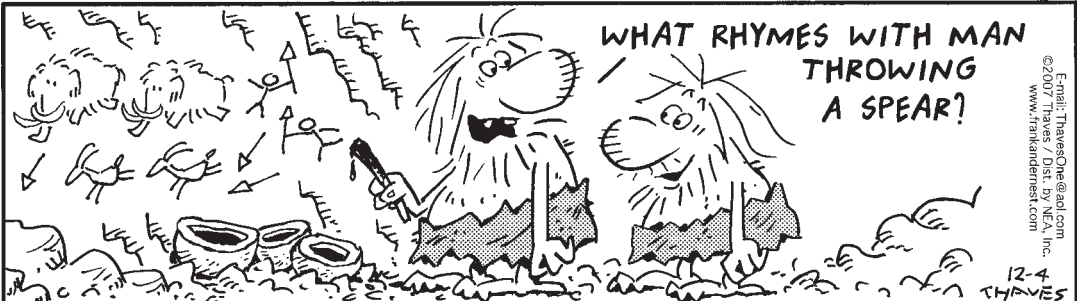
DILBERT

by Scott Adams



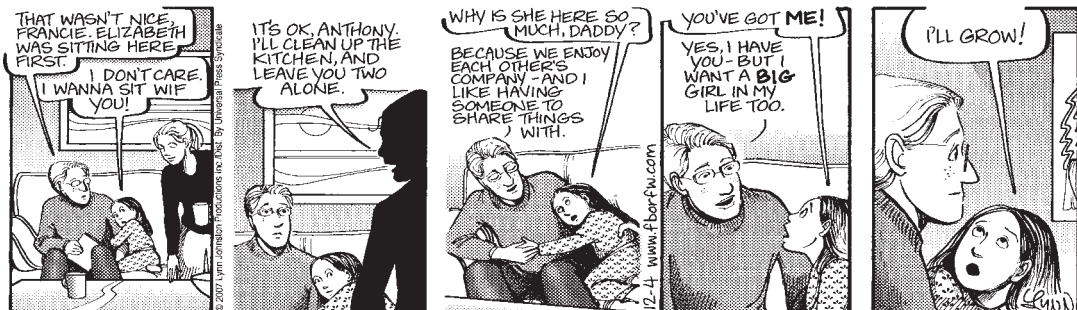
FRANK AND ERNEST

by Bob Thaves



FOR BETTER OR FOR WORSE

by Lynn Johnson



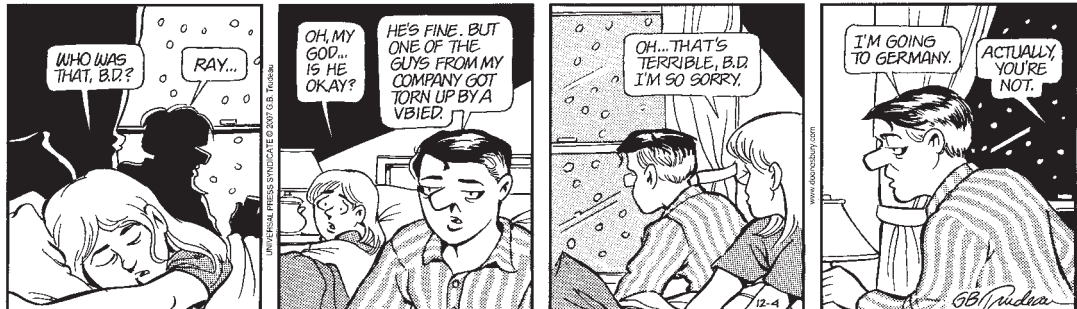
BEETLE BAILEY

by Mort Walker



DOONESBURY

by Gary Trudeau



HAGAR THE HORRIBLE

by Dik Browne



Datebook: Tuesday, Dec. 4, 2007

Today is the 338th day of 2007 and the 73rd day of autumn.
TODAY'S HISTORY: In 1783, George Washington bid farewell to his officers at Fraunces Tavern in New York City.
 In 1942, President Franklin Roosevelt ter-

minated the Works Progress Administration.
 In 1992, President George H.W. Bush ordered U.S. troops to Somalia.
TODAY'S BIRTHDAYS: Thomas Carlyle (1795-1881), essayist/historian; Rainer Maria Rilke (1875-1926), poet; Francisco Franco

(1892-1975), Spanish dictator; Jeff Bridges (1949-), actor, is 58; Marisa Tomei (1964-), actress, is 43; Jay-Z (1969-), rapper/entrepreneur, is 38; Tyra Banks (1973-) model/TV personality, is 34.
TODAY'S SPORTS: Golden State basketball player Latrell Sprewell was suspended for a year after choking the team's coach, P. J.

Carlesimo, during a practice on Dec. 1, 1997.
TODAY'S QUOTE: "A man who cannot hold his peace, till the time come for speaking and acting, is no right man." -- Thomas Carlyle
TODAY'S FACT: As of 2007, the United States does not have an embassy in Somalia.
TODAY'S MOON: Between last quarter (Dec. 1) and new moon (Dec. 9).



ASTROGRAPH

By Bernice Bede Osol



Wednesday, Dec. 5, 2007

When it comes to advancing your career or work-related goals, elevate your sights as high as you dare in the year ahead. You are in a better achievement cycle than you've been in a long time, and big things can be accom-

plished.

SAGITTARIUS (Nov. 23-Dec. 21) -- It can be quite beneficial to follow the dictates of your compassionate nature, so if you feel moved to do something for another, do so without hesitation. Something good will come of it.

CAPRICORN (Dec. 22-Jan. 19) -- Don't be reluctant to express your gratitude to someone who hasn't been nice to you lately. Your acknowl-

edgement of his or her efforts could turn things around for you in a beneficial manner.

AQUARIUS (Jan. 20-Feb. 19) -- A challenging activity that has strong elements of friendly competition could prove to be an enjoyable situation. Whether you win or lose, it'll prove to be a fun time.

PISCES (Feb. 20-March 20) -- If your ears start ringing, there's no need to get upset over others talking about you. Chances are the chatter will be due to all the nice things that friends want to say about you.

ARIES (March 21-April 19) -- If you haven't been as loving and considerate as you should be toward one of your

loved ones, today is an excellent time to make amends. Hugs and kisses hold magic that works well.

TAURUS (April 20-May 20) -- Make your wants and desires secondary to those of your mate's and then watch the love and tenderness you'll get back in return. It can heal whatever is out of kilter in most all relationships.

GEMINI (May 21-June 20) -- Today could be one of those days when situations that affect your career and earning potential can show a vast improvement, simply by your being helpful and considerate to your fellow man. Try it.

CANCER (June 21-July 22) -- If you're an unattached

individual who would love to find someone you can relate to romantically, get out and circulate in places where nice people frequent. Love is in the air.

LEO (July 23-Aug. 22) -- You have a special gift for being able to successfully conclude matters that involve the welfare and/or happiness of others in ways that pleases everyone. Get involved where you can.

VIRGO (Aug. 23-Sept. 22) -- Make it a point to go out of your way to compliment those who deserve it. The smallest of comments could be of enormous personal help to the recipients of your sincere and generous praise.

LIBRA (Sept. 23-Oct. 23)

-- Your material prospects look exceptionally encouraging, particularly when conducting business with someone of the opposite gender. The chemistry will be an especially good mix.

SCORPIO (Oct. 24-Nov. 22) -- Handling or managing matters that are generally shared by others could attract the attention of those who are in the position to better your lot in life. Be as independent as you can.

Know where to look for romance and you'll find it. The Astro-Graph Matchmaker instantly reveals which signs are romantically perfect for you. Mail \$3 to Astro-Graph, P.O. Box 167, Wickliffe, OH 44092-0167.

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 DAILY JOURNAL

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 www.ukiahdailyjournal.com

Puzzlers

ACROSS

1 Almost grads

4 Soot

8 Fallen tree

11 Come out even

12 Nozzle site

13 Bronte

14 Diner freebie (2 wds.)

16 Scaloppine

17 Charm

18 — had it!

20 Wintry

21 Is off base

24 Round

28 German

30 Horrible boss

33 Fossil fuel

34 Yves'

35 Begged

36 Winner's take

37 Lean over

38 Cargo unit

39 Dreams

41 Laser

43 Delicious

47 Hot tub

49 Dry gully

50 Like some

53 Legality

55 District

56 Film

57 Letter

58 Formal

59 Goes bad

60 Slalom run

DOWN

1 Formal

2 Kitchen tool

3 Handle

4 Type of daisy

5 Candle lover

6 Wear and tear

Answer to Previous Puzzle

I	S	L	E		M	O	A		I	N	C	A
R	A	I	D		E	G	G		N	E	A	P
E	C	R	U		L	E	A	D	T	I	M	E
S	E	C	E		D	E		I	O	N	S	
				A	L	S			V	A	N	
C	A	C	T	I		R	E	N	E	G	E	
A	L	O	E		F	E	T	A		U	T	A
P	A	N		O	R	E	S		O	R	A	L
S	K	A	T	E		A	C	U	T	E		
			E	T	E		C	O	E			
E	T	R	E		C	O	L	A	D	A		
S	P	E	A	R	G	U	N		N	U	T	S
H	E	A	T		A	R	A		I	D	E	A
H	E	R	E		D	E	N		C	E	N	T

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1	2	3		4	5	6	7		8	9	10
11				12					13		
14				15					16		
17								18	19		
20								21		22	23
				24		25	26	27		28	29
30	31	32			33				34		
35					36				37		
38					39				40		
	41		42					43		44	45
				47		48		49			
50	51	52			53	54					
55					56				57		
58					59				60		

12-4

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THE LEARNING CHALLENGER

by Robert Barnett

DIRECTIONS:

A. Using each "Chaos Grid" number with its letter one time, arrange the numbers with their letters for the "Order Grid" so each vertical column, horizontal row, and two diagonals each ADD to numbers inside thick lined cells.

B. Some correct numbers with their letters have been put into the "Order Grid" to get you started. Also, above the "Order Grid" is a "Decoded Message" clue.

C. After you have solved the "Order Grid" doing as direction "A" says, put the letters from horizontal rows, from left to right, under "Decoded Message" and make words to form the answer.

CHAOS GRID

38	28	49	40
C	A	F	R
31	48	24	24
N	U	I	H
22	26	39	35
S	R	E	T
42	41	20	37
O	S	E	O

CLUE: UNTIRING

ORDER GRID

				136
				136
	37			136
39			28	136
E			A	136
				22
			S	136
136	136	136	136	136

12/4/2007

DECODED MESSAGE:

ANSWERS IN NEXT EDITION

© 2007 Robert Barnett

Answers to Previous Learning Challenger

THE ADDING MACHINE

25	10	7	20
T	H	E	A
16	11	11	24
D	I	N	
7	17	23	15
G	M	A	C
14	24	21	3
H	I	N	E

12/3/2007

Run in papers of Tuesday, Dec. 4, 2007

CELEBRITY CIPHER

by Luis Campos

Celebrity Cipher cryptograms are created from quotations by famous people, past and present. Each letter in the cipher stands for another.

Today's clue: S equals J

" PGLK OIKMP FGPV DUPO GO MKRKA
FUOPKE." - DZYKPPK "PGLK GO PVK
ZYE SNO PGDK PVUP KBULGMKO
UYY...ZJJKMEKAO." - OVUHKOIKUAK

PREVIOUS SOLUTION — "They call it golf because all of the other four-letter words were taken." - Golfer Raymond Floyd

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JUMBLE

Unscramble these four Jumbles, one letter to each square, to form four ordinary words.

PROOD

LALIV

PEMEXT

NORIPS

www.jumble.com

Print answer here: " " (Answers tomorrow)

Yesterday's Jumbles: HANDY TAWNY REDUCE MYOPIC
Answer: When the gangster went to prison, he became part of — THE "IN" CROWD

THAT SCRAMBLED WORD GAME

by Henri Arnold and Mike Argirion

Sorry, I tripped

THIS CAN HAPPEN TO "MODELS."

Now arrange the circled letters to form the surprise answer, as suggested by the above cartoon.

Wife would like new furniture to go in new appartment

Dear Annie: I've been married two years, and we are moving into our first home next month.

Since our wedding, we have not bought a single piece of furniture. Everything we own is either something I already had, something handed down, or my husband somehow got it for free.

I tolerated this while living in our apartment, but I always dreamed of finally having furniture that we picked out ourselves, that matches and that I actually like.

I know we won't be able to purchase everything we need right away, and that's OK. I'd rather sit on the floor for a few months than move our hideous couches and mismatched lamps into the new home. My husband is perfectly fine with all we own, especially since we didn't spend any money on it, and he doesn't see the need to replace it.

Can I tell my husband that I will not permit anything other than our bed to be moved into

ANNIE'S MAILBOX

By Kathy Mitchell and Marcy Sugar

the new place? He isn't attached to our furniture. He just thinks I'm being unreasonable. Am I? -- Want Stuff To Call My Own in North Carolina

Dear N.C.: Not at all. Many men are content with whatever they can sit on and don't care whether things match or reflect taste of any kind. If you can afford to purchase new furniture, you should do so. But move a few old pieces into your new home -- enough so that your husband doesn't feel uncomfortable and your guests don't have to sit on the floor - - and as you replace them with new ones, donate any still-usable items to charity.

Dear Annie: I am a 14-year-old high school

freshman, and I recently discovered evidence that my father is having an affair. My parents have been married for 15 years, and though things are a bit rocky, they seem to get along. The problem is, my father has cheated on my mom before. I know I shouldn't have snooped into his private e-mails, but I couldn't help it. So, what should I do? -- Curiosity Killed the Cat

Dear Cat: Talk to your father about what you found. Apologize for snooping, and tell him that his behavior affects you and you don't want to stress over the possibility that your parents' marriage is in trouble. You also can discuss this with your school counselor. And please stop snooping. Sometimes you find things you don't want to know.

Dear Annie: In the past several months, you have printed several letters from readers who "caught" their spouses corresponding with others on the Internet and fear their partners are being unfaithful.

My wife goes to bed much earlier than I do, and since there is rarely anything decent on TV, I started logging on to the computer. At first I played solitaire and checked my e-mails, but

then I discovered chat rooms. I don't go to any pornographic or sexually oriented rooms, but I found that I really enjoyed interacting with others online.

One evening, my wife woke up while I was in a political chat room. She immediately became suspicious, and even though I assured her nothing prurient was going on, she became upset and demanded, "Who is that? Is that a woman? Have you met her?"

Annie, I never exchange individual e-mails with any of these folks. Most of the time, I have no idea whether they are male or female. I have never given my wife a reason to think I might cheat, yet I realize she must be terribly insecure. Since we have an otherwise happy and loving relationship, I've simply given up the computer after she goes to bed. As for other couples, I would please ask them to recognize most chat rooms are perfectly innocent. -- Chatterbox

Dear Chatterbox: There are a lot of decent and educational chat rooms, and as long as your wife is welcome to look at anything on your computer at any time, she should not have cause to worry.

TUESDAY EVENING											
12/4/07	6:00	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
BROADCAST CHANNELS											
(2)	News	Friends	Friends	Seinfeld	Bones	(PA)	House	"Airborne"	Ten O'clock News	(N)	Seinfeld
(4)	News (N)		Extra (N)	Hollywood	The Biggest Loser	(N)			Law & Order: SVU		News (N)
(5)	News (N)		Health	Judge J.	Red-Nosed Reindeer		NCIS	"Sandblast"	Victoria's Sec		News (N)
(6)	News (N)		Jeopardy!	Fortune	Funniest Home Videos		Jim	According	Boston Legal	(N)	News (N)
(6)	News-Lehrer		Paul McCartney: Space		Walking With Dinosaurs		Bob Dylan: Live		Suze Orman		
(8)	Paparazzi		Alma Gemela		Película se Anunciara				Alma Gemela		Night Show
(9)	News-Lehrer		Business		Bob Dylan: Live		Bob Marley and the Wallers	Live	Bob Dylan: Live		
(20)	Fresh Pr.	My Wife	My Wife	Jim	Law Order: CI		News		Maze	Jim	Reno 911!
(36)	Still Stnd	Still Stnd	70s Show	TMZ (N)	Cops		Seinfeld	70s Show	Frasier		TMZ
(40)	Family Guy	Seinfeld	Two Men	Raymond	Bones	(PA)	House	"Airborne"	News (N)		Two Men
(44)	Lopez	Simpsons	Simpsons	Two Men	Beauty and the Geek		Reaper	"Cash Out" (N)	Family Guy	Family Guy	Two Men
(50)	The Insider	Entertain	Still Stnd	Still Stnd	Raymond	Raymond	Frasier		The Insider	Entertain	Blind Date
CABLE CHANNELS											
A&E	Cold Case Files		CSI: Miami		CSI: Miami		CSI: Miami		CSI: Miami		CSI: Miami
AMC	"The Wedding Planner"		Movie: ★★ "The In-Laws" (2003)		Movie: ★★ "Bounce" (2000)		Movie: ★★ "Bounce" (2000)		Movie: ★★ "Sex, Lies"		
COM	"The Hebrew Hammer"		Scrubs		Scrubs		Daily Show	South Park	Chappelle		Daily Show
DISC	How-Made	How-Made	Man vs. Wild	Panama	Dirty Jobs		Dirty Jobs	(N)	Everest: Limit		Climb
DISN	Cory	Cory	Montana	Suite Life		Movie: ★★ "Full-Court Miracle" (2003)		So Raven	Life Derek		Suite Life
ESPN	Gamenight	College Basketball: Memphis vs. USC				SportsCenter (Live)		NFL Live	Fastbreak		SportsCtr.
FAM	8 Rules	8 Rules	Movie: ★★ "Snow" (2004)	Tom Cavanagh		Movie: "Santa Baby" (2006)	Jenny McCarthy		700 Club		
FSB	Final Score	BCS Show	Shark Byle	Knockouts	Best Damn 50		Best Damn 50		Final Score		Top 50
LIFE	Reba	Reba	Still Stnd	Still Stnd	Reba		Reba		Movie: "Holiday Wishes" (2006)	Amber Benson	Will-Grace
NICK	Drake	Drake	Zoey 101	School	Full House		Home Imp.		Lopez		Home Imp.
SCI FI	Tin Man (Series Finale) (N)	(Part 3 of 3)			Tin Man (Part 3 of 3)				Tin Man (Part 3 of 3)		
TBS	Friends	Raymond	Raymond	Raymond	Family Guy	Family Guy	Family Guy	Family Guy	The Office		Frank TV
TNN	CSI: Crime Son		CSI: Crime Son		CSI: Crime Son		UFC Best of 2007 (N)				
TNT	Law & Order (DVS)		Law & Order "Fame"		Cold Case		Cold Case		The Closer "Next of Kin"		
USA	Law & Order: SVU		Law Order: CI		Law & Order: SVU		Law & Order: SVU		Movie: ★★ "El" (2003)		
WGN	Funniest	Funniest	WGN News at Nine (N)		Scrubs		Scrubs		Corner Gas	Becker	Wilkos
PREMIUM CHANNELS											
HBO	(15) Movie: ★★ "Just Like Heaven" (R)				Movie: ★★ "Alpha Dog" (2006) 'R'				Costas NOW (N)		24 7
MAX	"Hot Shots! Part Deux" (15)		Movie: ★★ "Superman Returns" (2006)		Brandon Routh				Movie: ★★ "Hollywoodland" 'R'		
SHOW	"Love"		Movie: "Meet the Applegates" 'R'		Brotherhood		Dexter (TV) (N)		"Fall From Grace" 'NR		"Strang

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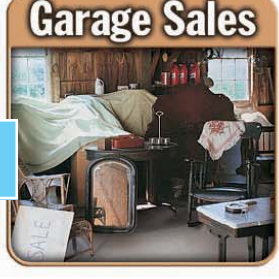
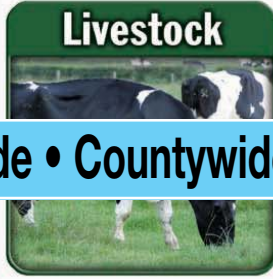
The Ukiah DAILY JOURNAL

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The Ukiah Daily Journal Classifieds



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Announcements

- 010...Notices
- 020...Personals
- 030...Lost & Found
- 040...Cards of Thanks
- 050...In Memoriam
- 060...Meetings & Events
- 070...Travel Opportunities

Employment

- 100...Instruction
- 110...Employment Wanted
- 120...Help Wanted
- 130...Sales Help Wanted
- 140...Child Care

Services

- 200...Services Offered
- 205...Financial Services
- 210...Business Opportunities
- 215...Businesses for Sale
- 220...Money to Loan
- 230...Money Wanted
- 240...Investments
- 250...Business Rentals

Rentals

- 300...Apartments Unfurnished

- 310...Apartments Furnished
- 320...Duplexes
- 330...Homes for Rent
- 340...Vacation Rentals
- 350...Rooms for Rent
- 360...Rest Homes
- 370...Wanted to Rent
- 380...Wanted to Share Rent
- 390...Mobiles & Space

General Merchandise

- 400...New & Used Equipment
- 410...Musical Instruments
- 420...Boats
- 430...Building Supplies
- 440...Furniture
- 450...Wanted to Buy
- 460...Appliances
- 470...Antiques
- 475...Computers
- 480...Miscellaneous for Sale
- 490...Auctions
- 590...Garage Sales

Farm-Garden-Pets

- 500...Pets & Supplies

- 510...Livestock
- 520...Farm Equipment
- 530...Feed/Pasture Supplies
- 540...Equipment Rentals
- 550...Produce

Transportation

- 600...Aviation
- 610...Recreational Vehicles
- 620...Motorcycles
- 630...Auto Parts & Acc.
- 640...Auto Services
- 650...4X4s for Sale
- 660...Vans for Sale
- 670...Trucks for Sale
- 680...Cars for Sale
- 690...Utility Trailers

Real Estate

- 710...Real Estate Wanted
- 720...Mobile Homes for Sale
- 730...Mobile Homes with Land
- 740...Income Property
- 750...Ranches
- 760...Lots/Acreage
- 770...Real Estate

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779-07

11-24,29,12-4/07

NOTICE OF PETITION TO ADMINISTER ESTATE

CASE NO.: SCUK CVPB '07 25097

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: **Alan Donald MacIver, Jr. and Alan MacIver**

A PETITION FOR PROBATE has been filed by: **Kent MacIver** in the Superior Court of California, County of Mendocino.

THE PETITION FOR PROBATE requests that: **Kent MacIver** be appointed as personal representative to administer the estate of the decedent.

THE PETITION requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

THE PETITION requests authority to administer the estate under the *Independent Administration of Estates Act*. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action). The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held on **Nov. 14, 2007 at 9:30 a.m. in Dept.: E**, located at: **COURTHOUSE, 100 N. State Street, Ukiah, CA 95482**

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within four months from the date of first issuance of letters as provided in section 9100 of the California Probate Code. The time for filing claims will not expire before four months from the hearing date noticed above.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a *Request for Special Notice* (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A *Request for Special Notice* form is available from the court clerk.

ATTORNEY FOR PETITIONER: Sharp & Brown, LLP
155 No. Redwood Drive, Suite 125
Ukiah, CA 95482
(415) 507-1400

PUBLIC NOTICE

840-07 11-13,20,27,12-4/07

FICTITIOUS BUSINESS NAME STATEMENT

File No.: 2007-F0735 THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: **FOOLS RUSH INN**
7533 N. Highway 1, Little River, CA 95456

Kila Mendo, LLC
999 Commercial Street, Suite 103
Palo Alto, CA 94303
This business is conducted by a **Limited Liability Company**. The registrants commenced to transact business under the fictitious business name or names listed above on **N/A**. Endorsed-Filed on **11/06/2007** at the Mendocino County Clerks Office.
/s/Samir Tuma
SAMIR TUMA
CEO

891-07

FICTITIOUS BUSINESS NAME STATEMENT

File No.: 2007-F0788 THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: **FOURSIGHT WINES**
14521 Hwy 128
Boonville, CA 95415

Foursight Wines, Inc.
14521 Hwy 128, PO Box 523
Boonville, CA 95415
This business is conducted by a **Corporation. State of incorporation: California**. The registrant commenced to transact business under the fictitious business name or names listed above on **Nov. 19, 2007**. Endorsed-Filed on **Nov. 19, 2007** at the Mendocino County Clerks Office.
/s/William Charles
WILLIAM CHARLES
President

865-07

11-20,27,12-4,11/07

ORDER TO SHOW CAUSE FOR CHANGE OF NAME

Case No. SCUK CUPB '07 50385
SUPERIOR COURT OF CALIFORNIA, COUNTY OF MENDOCINO, Court House, Ukiah, CA 95482

IN THE MATTER OF THE APPLICATION OF: **Courtney Brockway** on behalf of **Ethan Oglesby**

THE COURT FINDS that Petitioner(s) **Courtney Brockway** has/have filed a Petition for Change of Applicant(s) name FROM **Ethan James Oglesby**

TO **Ethan James Brockway**
THE COURT ORDERS All people interested in this matter appear before this court to show cause why this application for change of name should not be granted on:

HEARING DATE: **Dec 14, 2007 at 9:30 a.m.** in **Dept E**, located at **Superior Court County of Mendocino Civil Division-Room 107, 100 N. State Street, Ukiah, California 95482**
Dated: 11-15-2007

/s/ Richard J. Henderson
RICHARD J. HENDERSON
Judge of the Superior Court

10 NOTICES

Attention customers, **Mountain Valley Printing** will be closing at noon on Dec. 21 until 9am on Jan. 2. **Happy Holidays!**

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30 LOST & FOUND



I am a female Airedale and I was found in Boonville at the intersection of HWY 253 and 128. I appear friendly to people and would like to go home. If not claimed, I will be available for adoption on 12/3. Call Sage at the Ukiah Shelter 467-6453 or come by to identify me at 298 Plant Rd.

30 LOST & FOUND



I am a male cream and white cat off for a romantic walk with my B&W girlfriend on North Bush St. near Frank Zeek school. We thought of stopping by to visit the children and then amble on home when quick as a wink we found ourselves in a box and taken to the Ukiah shelter. Please help us find our way home. Call Sage at 467-6453.



I have a big problem. I was found Sat 11/25 on Clara St. with a broken pelvis. I was at the hospital until coming into the Ukiah shelter. I am a male tan Chihuahua with a black collar. Please help me find my people. Call Sage at 467-6453.

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70 TRAVEL OPPORTUNITIES

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120 HELP WANTED

THE ROUND VALLEY UNIFIED SCHOOL DISTRICT is currently accepting applications for the following positions: Teaching positions: Alternative Education - Indep. Study/Continuation HS- Valid teaching crdntl req'd

Instructor's for ROP classes: 5 or more yrs of exp. in vocational trade & interested in teaching skills to young people.

On call Substitute Certified Teachers, daily rate \$150. Must possess or be able to obtain a valid 30 day sub., or other teaching crdntl issued by the Calif. Commission on Teacher Credentialing.

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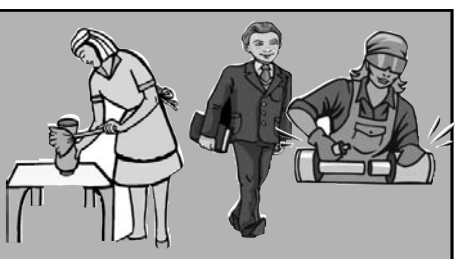


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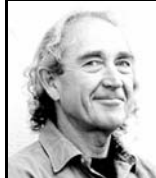
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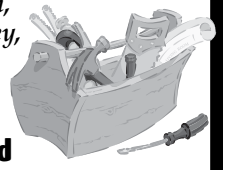
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3-DAY FORECAST

TODAY

62°

Cloudy with a shower

TONIGHT

41°

Partly cloudy

WEDNESDAY

65°

36°

Clouds and breaks of sun

THURSDAY

56°

45°

Cloudy with a chance of rain

SUN AND MOON



Sunrise today 7:15 a.m.
Sunset tonight 4:50 p.m.
Moonrise today 2:37 a.m.
Moonset today 1:49 p.m.

MOON PHASES

New First Full Last



Dec. 9 Dec. 17 Dec. 23 Dec. 30

ALMANAC

Ukiah through 2 p.m. Monday

Temperature

High	53
Low	50
Normal high	57
Normal low	37
Record high	80 in 1958
Record low	21 in 1925

Precipitation

24 hrs to 2 p.m. Mon.	0.17"
Month to date	0.21"
Normal month to date	0.57"
Season to date	3.21"
Last season to date	4.41"
Normal season to date	8.90"

Forecasts and graphics provided by
AccuWeather, Inc. 2007

REGIONAL WEATHER



CALIFORNIA CITIES

City	Today Hi/Lo/W	Wed. Hi/Lo/W	City	Today Hi/Lo/W	Wed. Hi/Lo/W
Anaheim	85/53/s	73/50/s	Napa	63/47/r	65/40/pc
Antioch	64/48/r	63/42/pc	Needles	75/49/s	75/47/s
Arroyo Grande	71/50/s	68/40/s	Oakland	61/49/r	63/46/pc
Atascadero	72/46/pc	70/41/s	Ontario	84/47/s	75/47/s
Auburn	65/46/r	64/41/pc	Orange	86/52/s	73/44/s
Barstow	66/45/s	68/43/s	Oxnard	77/50/s	66/49/s
Big Sur	66/48/pc	64/48/pc	Palm Springs	77/51/s	78/52/s
Bishop	64/30/pc	64/29/s	Pasadena	86/54/s	73/54/s
Blythe	75/45/s	73/46/s	Pomona	85/51/s	74/42/s
Burbank	84/51/s	72/51/s	Potter Valley	61/42/c	62/36/c
California City	69/47/s	70/39/s	Redding	64/43/c	62/37/c
Carpinteria	74/53/s	64/47/s	Riverside	86/45/s	76/46/s
Catalina	67/55/s	65/52/s	Sacramento	61/48/r	62/44/pc
Chico	64/46/c	64/39/pc	Salinas	65/47/c	61/46/pc
Crescent City	57/43/c	54/41/c	San Bernardino	86/47/s	76/46/s
Death Valley	81/48/s	81/43/s	San Diego	78/54/s	64/55/s
Downey	84/54/s	73/51/s	San Fernando	85/53/s	72/49/s
Encinitas	79/52/s	69/51/s	San Francisco	62/50/r	62/47/pc
Escondido	85/49/s	75/49/s	San Jose	65/49/c	63/46/pc
Eureka	60/43/c	55/38/c	San Luis Obispo	74/51/s	69/44/s
Fort Bragg	58/47/c	56/41/c	San Rafael	60/51/r	60/44/pc
Fresno	67/48/pc	64/46/pc	Santa Ana	72/50/s	71/51/s
Gilroy	67/48/c	65/42/pc	Santa Barbara	72/44/s	68/45/s
Indio	79/48/s	79/46/s	Santa Cruz	65/49/c	64/46/pc
Irvine	82/50/s	71/51/s	Santa Monica	81/53/s	69/55/s
Hollywood	86/53/s	73/51/s	Santa Rosa	63/46/c	63/39/pc
Lake Arrowhead	66/42/s	68/31/s	S. Lake Tahoe	56/26/r	53/22/s
Lodi	65/47/r	63/45/pc	Stockton	64/47/r	63/45/pc
Lompoc	67/52/s	65/49/s	Tahoe Valley	56/26/r	53/22/s
Long Beach	83/52/s	69/51/s	Torrance	81/56/s	71/54/s
Los Angeles	84/55/s	73/52/s	Vacaville	64/48/r	65/41/pc
Mammoth	59/33/pc	53/21/s	Vallejo	60/50/r	60/43/pc
Marysville	64/46/c	64/42/pc	Van Nuys	89/51/s	74/49/s
Modesto	64/49/c	62/45/pc	Visalia	63/46/pc	60/42/s
Monrovia	86/52/s	74/50/s	Willits	60/41/c	60/34/c
Monterey	61/48/c	61/46/pc	Yosemite Valley	62/31/pc	62/30/s
Morro Bay	61/49/pc	61/48/s	Yreka	53/31/c	46/24/c

Weather (W): s-sunny, pc-partly cloudy, c-cloudy, sh-showers, t-thunderstorms, r-rain, sf-snow flurries, sn-snow, i-ice.

Lake Mendocino – Lake level: 710.52 feet; Storage: 29,345 acre-feet (Maximum storage 122,500 acre-feet) Inflow/Outflow: not reported
Air quality – Ozone: .038 ppm (State standard .090 ppm) Carbon monoxide: .55 ppm (20.0 ppm) Nitrogen dioxide: .014 ppm (.25 ppm)



Mendocino College

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Mortgage aid in the works

WASHINGTON (AP) — Treasury Secretary Henry Paulson said Monday an agreement was near on a proposal to help thousands of at-risk homeowners avoid foreclosures by temporarily freezing their mortgage rates.

One of the last remaining issues to be resolved, officials said, was the exact length of time the low-teaser rates will be frozen.

Speaking at a national housing conference and in later interviews, Paulson expressed optimism that an agreement could be reached very soon, possibly before the end of this week.

Paulson and federal regulators have been holding talks with some of the country's biggest banks, mortgage investors and consumer groups trying to strike a deal in an effort to prevent an avalanche of threatened foreclosures in the coming year from sinking the overall econ-

omy.

"We are working aggressively and quickly, utilizing available tools and creating new ones, to help financially responsible but struggling homeowners," Paulson said in a speech to a national housing conference sponsored by the Office of Thrift Supervision.

An estimated 2 million subprime mortgages, loans offered to borrowers with spotty credit histories, are scheduled to reset to much higher levels by the end of 2008. Those resets will push the payment on a typical mortgage up by \$350 per month, taking it from \$1,200 currently to \$1,550.

Some government regulators are pushing for the low "teaser" rates to remain in place for five to seven years, arguing that a longer period of time is needed to allow the depressed housing market to begin recovering and for

home prices to stabilize, which will allow homeowners to finance under better terms. But investors, who will see lower payments on the loans, are arguing for a shorter period of time.

Regulators indicated that the rate freezes will only be available for owner-occupied homes to avoid granting the break to real estate speculators although the exact way that determination will be made was still being worked out.

"How you structure (the rate freeze), who gets it and for how long, I think, is what people are struggling with," Comptroller of the Currency John C. Dugan, told reporters at the conference.

Sheila Bair, chairman of the Federal Deposit Insurance Corp., said details of the plan are likely to be announced later this week with other officials predicting the unveiling could come on Thursday.

City

Continued from Page 1

code enforcement. After receiving the notice, the person who is growing the marijuana, be it tenant or owner, will have three business days to appeal the notice. If the appeal is not filed within three business days, the violation becomes final. As well, a hearing, which is to be held before the city manager or a designated hearing officer, must take place with at least five days notice to the tenant or owner of the property.

Dewey said that the new ordinance has been useful and although many medical marijuana growers within city limits have remained in compliance, commercial marijuana growth and distribution is still a problem that lead to the investigation of 15 different commercial grows this year.

Commercial grows can result in UPD seizing large amounts of marijuana, and without unlimited storage space, something had to be done to properly dispose or return the marijuana. The amendment to the ordinance would include a section of the specific guidelines for disposing the seized marijuana in compliance with the California Health and Safety Code for the seizure and destruction of marijuana.

"The rules aid the officer in how they seize the marijuana, how it's given back to the person or how the marijuana is destroyed if the case has been adjudicated," Dewey said. "It

also allows for the destruction --- in the case of an extremely large grow -- of a portion of that marijuana with samples to be taken for evidence. In the typical case we seize the marijuana, we store it and then wait for the court's recommendation."

Thomas said Monday he hoped the ordinance would be a jump start to diminishing the number of commercial marijuana grows within Ukiah.

"I have always been sympathetic to the concerns of medical marijuana users, and have made it clear that if we can get to a place where the needs of the users are met without endangering public safety that it would be my ultimate goal," he said. "I think we are moving closer to this

with this ordinance. I expect that opposition from it would not come from those who legitimately desire to have medical marijuana."

On Wednesday the council will also:

- Return to discussions about the purchase of five security cameras the Corporation Yard.
- Begin discussions about possible action regarding a request from Mendocino Solid Waste to consider an initiative banning the use of plastic bags at stores throughout the county.

To view a complete agenda or the staff reports, visit the Civic Center, 300 Seminary Ave., or on the Internet at www.cityofukiah.com.

Zack Sampsel can be reached at udjzs@pacific.net.

Taser

Continued from Page 1

there were some concerns about their use.

In recent years, the use of Tasers by police in departments across the U.S. have caused controversy, reports of deaths attributed to Tasers and videos depicting their use have fueled arguments that Tasers are dangerous.

"The research that has been done is that it's probably misuse that has been the concern," Dewey said.

In a report from the American Civil Liberties Union about stun guns, published in September of 2005, the ACLU concluded that,

while Tasers can save lives when used as an alternative to deadly force, their unregulated use continues to cause problems.

According to the ACLU, the most significant problems were seen in police departments that had not adopted policies for Taser use in deadly force situations, had policies that allowed for repeated use of Tasers against a suspect, allowed the use of Tasers against people like pregnant women, the elderly and children who may be adversely affected and did not have effective training programs in place.

If UPD were to get Tasers, Dewey said he would pattern a training program after one

instituted in Palo Alto, a program that meets the recommendations of the ACLU and is regarded as one of the most comprehensive Taser training programs in Northern California.

"They're the model right now," Dewey said.

Dewey said, if UPD purchased Tasers, an officer would be sent to Palo Alto to learn from their program before Taser use was implemented.

"Every time we find an alternative to the officer using a firearm, I think were moving in the right direction," he said.

The meeting is scheduled for 6 p.m. Wednesday.

Ben Brown can be reached at udjbb@pacific.net

Warm

Continued from Page 1

for most of our donated items," she said.

When items like tents and blankets run low, Moynahan doesn't let that defeat her. Taking advantage of the discussion groups at Yahoo.com, Moynahan said she looks for donations with a group called Mendocino County Freecycle. Freecycle is a nationwide movement started in Arizona as a way of reducing the amount of waste sent to landfills by giving them to neighbors. According to the group's description on Yahoo,

Mendocino County Freecycle was started in May of 2004 as a means of keeping the county clean with the sharing of unwanted items.

Moynahan said the group has proven useful as she's "gotten a lot of useful stuff that way."

Moynahan is not one to let good enough be, and said she's always looking for more people and groups to help get involved with donations. Although TAP has helped hundreds of people find meals or shelter in Moynahan's six months of service she said she still wants to see the program serve more people.

"I'd like to see it continue to grow while still providing

assistance," she said. "I want to see increased donations and awareness. We're really here to help."

People interested in providing donations to the Temporary Assistance Program can do so by contacting Veronica Moynahan at (707) 462-8879, or by visiting the Ukiah Community Center during regular business hours. The UCC is open from 8 a.m. until 12 p.m. and from 1 p.m. until 5 p.m.

Monday, Tuesday, Wednesday and Friday. The UCC is open from 10 a.m. until 12 p.m. and 1 p.m. until 5 p.m. on Thursdays.

Zack Sampsel can be reached at udjzs@pacific.net.

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